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SUNNY DAY IN LINKIN PARK
SOUND CHANGES ON NEW ALBUM {page 30}

MEAT DID IT
CHAMPION TRIES TO EXPLAIN {page 44}

OTTAWA metro®
Weekend, October 1-3, 2010
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‘They were my superheroes’

Memorial service held for couple killed after being hit by car ◐ ‘So many people stepped up in our hour of need,’ said victim’s brother ◐ Suspect released on bail

MIKE CARROCCETTO/FOR METRO OTTAWA (MAIN), TIM WIECLAWSKI/METRO OTTAWA (INSET)

▶ Simon Banke, the 20-year-old man accused of striking and killing a couple waiting at an OC Transpo bus stop on Sept. 16, leaves the Elgin Street courthouse Thursday after being released on bail. Inset: Mourners speak at Leo Paul and Sherrianne Regnier’s memorial.

Hundreds of family members and friends gathered in south Ottawa Thursday to remember a couple who was mowed down at a downtown bus stop two weeks ago.

Mourners came forward to share stories about Leo Paul Regnier and his wife, Sherrianne, who were struck by a car Sept. 16.

“Paul and Sherrianne were a loving couple, amazing parents and good friends to anyone fortunate enough to have met them,” said Leo’s brother, Dan Lasalle. “They were one another’s ying and yang.

“They were my superheroes.”

Leo’s colleague at Transport Canada, Angelo Buchanfuso, remembered his desire to please his daughters, even learning French so he could help them with their homework.

“He was very amiable and had an ease about him,” Buchanfuso said. “He was the type of guy that you could feel relaxed with.”

Sherrianne’s younger brother, Paul Depatie, thanked friends for their support “during this impossibly painful time.”

TRACEY TONG

Local

B balks at green plan

Says city cannot afford Jim Watson’s green power idea ◐ Result would be double-digit hydro rate hikes, mayor claims {page 4}

5 minutes with Gwen Madiba

Ottawa humanitarian activist, masters student, poet and model {page 15}

Tony Curtis dies at 85

Hollywood legend played many roles {page 32}

The Pink Issue

Treatment options, cutting-edge research, follow-up advice, plus stories of strength, courage and hope {page 37}

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Backbeat handicaps the 2010 shortlist for the Rock and Roll Hall of Fame. More at metronews.ca/backbeat

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Run. Cure

▶ Members of the 100 Man Run team, which includes Mayor Larry O'Brien and police Chief Vern White, take a jog up Elgin Street Thursday afternoon.

TRACEY TONG/METRO OTTAWA

Behind some great women are some great men

The Run for the Cure's 100 Man Run team "is about good men running for great women who are fighting breast cancer on a daily basis," said 100 Man Run co-founder Ken Evraire. "Most men readily admit that they are lost without the women in their lives — their wife, their mother, sisters and daughters. We're letting them know that we're with them as they fight the great fight." The Run for the Cure is held at LeBreton Flats at 9 a.m. Sunday. Register at runforthecure.com or on site from 7 to 8:45 a.m.

Bay Ward centre of controversy

Project includes a 40,000-square-foot community centre, 117-bed long-term care centre, 100-unit housing co-operative and a bank Total cost of project is $55 million

TIM WIECLAWSKI
@METRONEWS.CA

A proposal to turn the site of the Grant Alternative School into a Francophone community service centre has become one of the lightning rod issues of the election in Bay Ward.

Among the top contenders for the seat, three candidates agree on the plan, at least in principle, but one has vowed to make sure that it never happens.

Incumbent Alex Cullen has been a supporter of the plan and helped guide it to approval from city council.

Reusing the school for French-language health and social services for 28,000 Francophones living in west Ottawa saves a community asset and preserves green space and heritage, he said.

Mark Taylor said the long-term care beds and seniors housing will have a positive impact, but he wants to see more consultation with the neighbourhood before work begins.

As a Francophone, Oni Joseph said she has found it difficult to obtain services in French, especially in the city's west end.

"A lot of the homes I've come to are French-speaking families who wish that their kids could enjoy the French language, but they cannot find services."
ONI JOSEPH, BAY WARD CANDIDATE

However, Terry Kilrea called the project an abuse of public tax dollars since it will only be used by Francophones. The city bought the land for $3.9 million and is selling it to Centre Multiservices Francophones de l'ouest d'Ottawa for $2 million.

Kilrea said the number of Francophones in the west side of Ottawa who claim they can't access French services is exaggerated by proponents.

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'City can't afford' Watson's green plan: O'Brien

Current council has done more for the environment than any other: O'Brien Says turning waste into energy, not solar power, is the cost-effective solution

Mayoral incumbent Larry O'Brien has called opponent Jim Watson's green plan "a big mistake."

"The city can't afford it," O'Brien said at a media conference Thursday. "I'm here to make sure that everyone knows it."

Watson is looking to bring new green power-generation opportunities to Ottawa, which will attract clean technology jobs to the city.

But O'Brien says residents will end up footing the bill.

TRACEY TONG/METRO OTTAWA

▶ Larry O'Brien

"We might as well substitute the words 'double-digit hydro rate hikes for Ottawa residents' for 'bold and swift' in the Watson plan," said O'Brien. "He was part of the government that made reckless investments in costly and unproven technologies, and then added the HST to our hydro bills. Now, Jim Watson wants to bring these kinds of costly and risky experiments to our city utility."

O'Brien said he is "not prepared to run up hydro rates to look good in the eyes of environmental activists," adding he would build for the future and be "very conservative with our financial planning."

TRACEY TONG

Jean. Rideau Hall

▶ Michaëlle Jean and her husband, Jean-Daniel Lafond, stop to talk with Daniel Stanton, 11, and his mother, Liset, Thursday following a tree-planting ceremony at Rideau Hall, Jean's final official event as Governor General. Stanton presented Jean with flowers five years ago when she was invested as the Governor General. Story, page 11.

MICHAEL CREDIT

Governor General bids farewell

Advance voting this weekend

The first advance vote for the 2010 municipal election is this weekend.

Ottawa residents who won't be able to cast their ballot Oct. 25 can vote Saturday from 10 a.m. to 5 p.m.

Voting locations can be found at ottawa.ca/vote or on the voter notices mailed last week.

A second advance poll is scheduled for Oct. 14.

TRACEY TONG

Crackdown on drivers this month

Police are cracking down on drivers who aren't fastening their seatbelts or who make unsafe lane changes this month.

From 2005 to 2009, 24 people were killed as a result of not wearing vehicle occupant restraints, while 47 people suffered life-threatening injuries.

Last year, there were 1,162 reportable collisions due to unsafe lane changes in Ottawa.

TRACEY TONG

Deep sea exhibit kicks off

Abyss: Life In The Deep Sea, opened at the Canadian Museum of Nature Thursday night.

The bilingual, travelling exhibit, which features specimens, replicas of deep-sea diving apparatus, images, audiovisuals and interactive animation, is now touring across Canada.

It was produced by the Musée du fjord.

TRACEY TONG

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60 seconds

▶ Tim Cook is launching The Madman and the Butcher at the Canadian War Museum at 2 p.m. Sunday.

DR. TIM COOK

"THE GREAT WAR STILL MATTERS"

Ottawa author and Canadian War Museum First World War historian Dr. Tim Cook recently released his latest book, The Madman and the Butcher, a double biography of Sam Hughes and Arthur Currie and the story of one of the most highly publicized libel trials in Canadian history.

Tell us briefly about the book.
It's the story of these two Canadians, Sam Hughes and Arthur Currie, set against the backdrop of the Great War. It was a cataclysmic event for the nation. More than 600,000 Canadians enlisted and more than 60,000 were killed. As a result of that, there was a terrible sense of agony and loss throughout the country. Sam Hughes was Canada's war lord. Arthur Currie was a general overseas. In 1919, Sam Hughes stands up in the House of Commons and accuses Currie of being a butcher and killing off his own soldiers. That's where the book starts. It's a story of how these two men who respected one another became archrivals.

Hughes accused Currie of sacrificing the lives of Canadian soldiers. How do you think these two men would feel about sharing a book?
They despised each other by the end. Arthur Currie called Sam Hughes a lying snake and Sam Hughes called Arthur Currie a British Toadie. If they were alive and found themselves on the same cover, I suspect they would not be happy. ● TRACEY TONG

Doucet talks tax savings

- Doucet would make Ottawa the focal point for tax fairness
- Would lead the quest to find stable funding sources for city festivals

TIM WIECLAWSKI
@METRONEWS.CA

There will be no promises of zero-means-zero or even to cap tax increases at 2.5 per cent from Clive Doucet.

"Those arbitrary numbers have caused a great deal of trouble at council," said Doucet. "This old way of thinking will deliver the same budget woes and the same rise in city taxes."

Rather than continue to have budget debates for days over wading pool or library closures, Doucet said budgets will be governed by the city's capacity to pay, keeping taxes in line with the cost of living and a value return on expenditures.

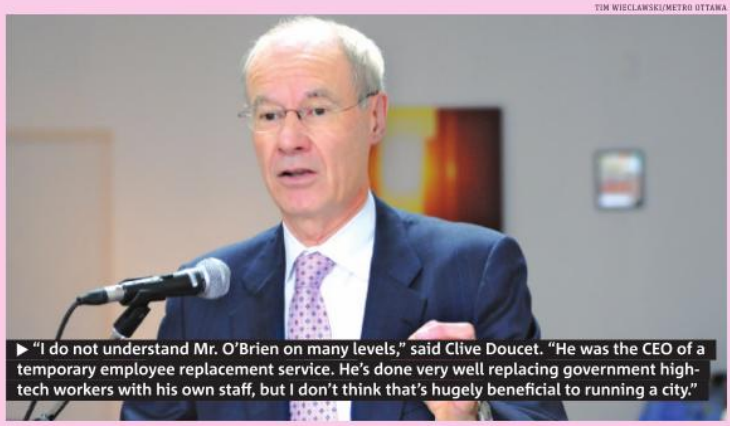
Doucet would also establish an inter-municipal relations branch to lobby the federal and provincial government on property tax reform, and develop economic partnerships, like intercity rail, with other cities.

"I will be very tough about what I want. I want money spent frugally. I want to keep our taxes down."
CLIVE DOUCET

The branch would cost up to $300,000, but could potentially generate much more, said Doucet.

The Downtown Ottawa Transit Tunnel is literally throwing money into a hole in the ground, said Doucet.

TIM WIECLAWSKI/METRO OTTAWA



▶ "I do not understand Mr. O'Brien on many levels," said Clive Doucet. "He was the CEO of a temporary employee replacement service. He's done very well replacing government high-tech workers with his own staff, but I don't think that's hugely beneficial to running a city."

Fiscal Plan

- **Revenue and debt** Will not create new debt that cannot be paid for by service improvements and revenue streams.
- **Union conditions** Negotiations with the city unions will be tied to local conditions and the city's ability to pay, not provincewide settlements.
- **Provincial talks** Would open negotiations with the province.

Council axe minimal on tax: Doucet

Taking a few seats away from the council table would only lower taxes by one-tenth of one per cent while increasing the population in urban wards far out of proportion to the rural wards, Clive Doucet said.
● TIM WIECLAWSKI

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French bank probe looks at Canadians

- Ottawa has list based on information from bank whistleblower
- Investigators looking into tax evasion using Swiss HSBC accounts

The federal government has obtained a list of nearly 1,800 offshore bank accounts belonging to Canadians that turned up during an international probe into possible tax evasion, CBC News and the Globe and Mail say.

The accounts at HSBC Private Bank in Geneva are part of a larger list of about 80,000 accounts that a former bank IT security specialist passed on to French investigators, the joint CBC News/Globe and Mail investigation suggests.

Herve Falciani, the whistleblower, claimed he was worried that criminals and tax cheats were using the bank to hide money and began copying private account information in 2006 after his bosses refused to become more transparent about their banking practices.

A spokeswoman for the Ministry of National Revenue says the Canada Revenue Agency has a list of individuals who may be exploiting offshore accounts, is assessing the names on a case-by-case basis and will take "aggressive action to recover money owed to Canadians."

HSBC, which has not been accused of any wrongdoing, says it "in no way condones tax evasion and is co-operating with authorities while protecting the rights of our clients to confidentiality."

It is not clear exactly how much money Canadians are holding in the HSBC accounts, nor is it known how many individual Canadians hold the 1,785 Canadian accounts.

Offshore

French investigators are looking at:

80,000 Total accounts being investigated.

1,785 Canadian accounts.

8,000 Accounts belonging to French citizens.

HSBC says the bank and its clients are the victims of a criminal act — a theft by a former employee that involves about 15,000 existing clients worldwide.

CBC and the Globe say Falciani was fired by HSBC after being accused of trying to sell the account information to foreign governments.

Swiss authorities confronted him about that allegation and brought him in for a day of interrogation.

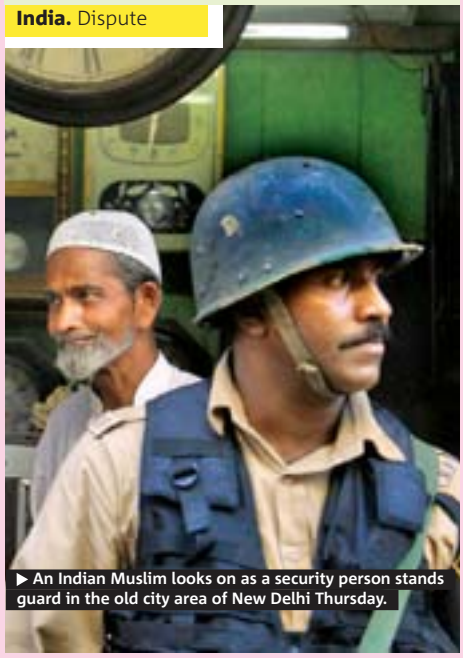
They asked him to return the next day, but he never did. Instead, Falciani fled to France.

The CRA tells CBC and the Globe it has been in touch with the French authorities but wouldn't provide details.

There were 8,000 accounts on the list that belonged to French citizens, and only two accounts had been declared for tax purposes. France gave its citizens a chance to pay up without facing penalty and half a billion euros were returned.

THE CANADIAN PRESS

India. Dispute



▶ An Indian Muslim looks on as a security person stands guard in the old city area of New Delhi Thursday.

THE ASSOCIATED PRESS/MANISH SWARUP

Compromise for shrine

An Indian court ruled Thursday that a disputed holy site that sparked bloody riots in the past should now be divided between the Hindu and Muslim communities. But in its compromise ruling, the court gave Hindus control over the area where the now-demolished Babri Mosque stood — and where a makeshift tent-shrine to the Hindu god Rama now rests.

THE CANADIAN PRESS/JONATHAN HAYWARD

▶ Willow Kinloch, then 15, was tied to a jail cell door for hours.

Police reprimands over teen

British Columbia's children's representative says she'll look for ways to help police deal with intoxicated minors following an adjudicator's ruling that such situations can put officers in a bind if a social worker isn't immediately available.

Mary Ellen Turpel-Lafond plans to ask for a meeting with police and the province's Ministry of Children and Family Development after the adjudicator's ruling in the case of Willow Kinloch.

Kinloch was 15 when she was arrested in Victoria in 2005 for public drunkenness. Her case rose to national prominence after video showed the teen tethered for hours to a jail cell door.

A public hearing was ordered by B.C.'s Office of the Police Complaint Commissioner and the adjudicator earlier this week called for written reprimands against the two Victoria police officers involved in the case.

But retired judge Alan Filmer also urged provincial officials, including Turpel-Lafond, to do more so police officers aren't left babysitting drunken minors.

The children's representative said she'll heed Filmer's call.

"The arbiter looked at the situation with Ms. Kinloch and has suggested that there may be a gap in service," Turpel-Lafond said in an interview.

THE CANADIAN PRESS

Law would take French citizenship

French lawmakers adopted yesterday an amendment to a bill toughening immigration law that would strip naturalized citizens of their nationality if they are convicted of murdering a police officer — a measure critics say creates a category of second-class French.

The conservative government's amendment was passed 75-57.

THE ASSOCIATED PRESS

Census fight continues

The Liberals are forging ahead with a private-member's bill to bring back the mandatory long-form census, despite a slim chance the measure will get through Parliament in time. MP Carolyn Bennett tabled the bill Thursday, after a motion on the same subject passed the House of Commons with the support of the three opposition parties. THE CANADIAN PRESS

MAYOR SHOCKED

Drinking charge ousts top cop

A Quebec City suburb has temporarily lost its police chief because he has been busted on drinking and driving charges.

The top cop in Lévis, Que., Jean-Francois Roy, was stopped while driving downtown and he allegedly failed a breathalyser test.

The 55-year-old chief has been temporarily suspended from his duties and is being replaced by his deputy.

The suburban mayor held a news conference on Thursday to express her administration's dismay.

"It's a shock," said Danielle Roy-Marinelli, the mayor of Lévis.

"This isn't something we like. It's unacceptable for a police chief to be in a situation like this.

"Because, naturally, a police chief is a powerful symbol in a community. He assures the safety of citizens. So the entire police service is in shock, too."

One report said the arrest happened after a citizen noticed someone driving erratically and called the cops.

The police officers who arrested Roy — in Quebec City — do not belong to the force he commands in suburban Lévis.

THE CANADIAN PRESS

Students mourn teen shamed by online sex video

SAM FRAN SCAVUZZO/RIDGEWOOD PATCH/THE ASSOCIATED PRESS

▶ Tyler Clementi embraces a fellow student during his graduation from Ridgewood High School this year.

'Had he been in bed with a woman this wouldn't have happened'

The death of a Rutgers University freshman has stirred outrage and remorse among his classmates.

They say they wished they could have stopped the teen from jumping off a bridge after secret video of his sexual encounter with a man was streamed online.

Tyler Clementi, 18, jumped off the George Washington Bridge into the Hudson River last week.

His body was identified Thursday after being found in the river a day before.

"Had he been in bed with a woman, this would not have happened," said Rutgers student Lauren Felton, 21.

"He wouldn't have been outed via an online broadcast, and his privacy would have been respected and he might still have his life."

Clementi was a violinist whose life revolved around his music, said Ed Schmiedecke, the recently retired music director at New Jersey's Ridgewood High School, from which Clementi graduated this year.

"He was a terrific musician, and a very promising, hardworking young man," Schmiedecke said.

"Musically, Tyler was destined for greatness. I've never heard anyone make a violin sing the way he did."

MARY ALCARO, A CHILDHOOD FRIEND WHO PLAYED IN A SUMMER MUSIC ACADEMY WITH TYLER CLEMENTI

Clementi's roommate, Dharun Ravi, and fellow Rutgers freshman Molly Wei, both 18, have been charged with invading Clementi's privacy.

Prosecutors say they used a webcam to surreptitiously transmit a live image of Clementi having sex Sept. 19 and that Ravi tried to webcast a second encounter on Sept. 21, the day before Clementi's suicide.

They face up to five years in prison if convicted. A lawyer for Ravi did not immediately return a message seeking comment, and it was unclear whether Wei had retained a lawyer.

Media reports said Clementi left on his Facebook page on Sept. 22 a note that read: "Jumping off the gw bridge sorry." Later, the page was accessible only to friends.

THE ASSOCIATED PRESS

Fisher-Price in giant toy recall

Fisher-Price is recalling more than 10 million tricycles, toys and high chairs over safety concerns in the U.S. and Canada.

The U.S. Consumer Product Safety Commission and Health Canada said Thursday that two of the products being recalled involved injuries.

In the recall of about seven million Fisher-Price Trikes and Tough Trikes toddler tricycles, the agencies are aware of 10 reports of children being hurt.

The trikes have a protruding plastic ignition key near the seat that children can strike, sit on or fall on, leading to injuries that the commission said can include genital bleeding.

Fisher-Price is also recalling more than one million Healthy Care, Easy Clean and Close to Me High Chairs after 14 reports of problems.

Seven children required stitches, and one suffered a tooth injury. One of the incidents was reported in Canada.

Two other Fisher-Price recalls:

- More than 2.8 million Baby Playzone Crawl & Cruise Playground toys, Baby Playzone Crawl & Slide Arcade toys, Baby Gymtastics Play Wall toys, Ocean Wonders Kick & Crawl Aquarium toys, 1-2-3 Tetherball toys and Bat & Score Goal toys.
- About 100,000 Fisher-Price Little People Wheelies Stand 'n Play Rampway toys.

THE CANADIAN PRESS

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Pakistan stalls NATO

Supply vehicles stopped at border to Afghanistan after an alleged helicopter strike kills 3 soldiers

Pakistan blocked a vital supply route for U.S. and NATO troops in Afghanistan on Thursday in apparent retaliation for an alleged cross-border helicopter strike by the coalition that killed three Pakistani frontier soldiers.

The blockade appeared to be a major escalation in tensions between Pakistan and the United States.

Borderline

The surge in attacks and apparent increased willingness by NATO to attack targets on the border, or just inside Pakistan, could be a sign the coalition is losing patience with Pakistan, which has long been accused of harbouring militants in its lawless tribal regions.

A permanent stoppage of supply trucks would place massive strains on the relationship between the two countries and hurt the Afghan war effort. Even a short halt is a reminder of the leverage Pakistan has over the United States at a crucial time in the 9-year-old war.

By late afternoon, a line of more than 150 NATO vehicles was waiting to cross the border into Afghanistan, officials said.

"We will have to see whether we are allies or enemies," Pakistani Interior Minister Rehman Malik said of the border incident, without mentioning the blockade.

NATO said it was investigating Pakistani reports that coalition aircraft had mistakenly attacked its forces. The coalition has on at least one other occasion acknowledged mistakenly killing Pakistani security forces stationed close to the border.

▶ Afghanistan-bound trucks are parked on the side of the road Thursday after authorities blocked the NATO supply line at the Pakistani border.

Over the weekend, NATO helicopters fired on targets in Pakistan at least two times, killing several suspected insurgents they had pursued over the border from Afghanistan.

Pakistan's government protested the attacks, which came in a month during which there have been an unprecedented number of U.S. drone missile strikes in the northwest region of the area.

Prime Minister Yousuf Raza Gilani told visiting CIA director Leon Panetta in Islamabad that Pakistan was "profoundly concerned" about the increased missile strikes and helicopter incursions.

"Pakistan being a frontline ally in the war against terror expects its partners to respect its territorial sovereignty," he said, according to a statement delivered directly from his office.

THE ASSOCIATED PRESS

Carter released from U.S. hospital

Former U.S. president Jimmy Carter landed in Washington on Thursday after spending two nights in an Ohio hospital, where doctors said a viral infection likely gave him stomach problems. Carter, wearing a dark blazer, landed in a small private jet at Reagan National Airport. He walked down the steps from the plane onto the runway and stepped into an SUV that immediately drove away. An airport police car escorted his SUV and two others from the airport.

He headed to the U.S. capital after hospital officials said the viral infection had cleared up.

THE ASSOCIATED PRESS

News in brief

Suspect killed after alleged holdups

CRIME. Police say a man suspected in two knifepoint holdups died when he fell from a moving subway train he'd tried to jump on to flee from officers.

Twenty-year-old Bryan Feeley fell onto the tracks and was hit by the train early Thursday. He was pronounced dead at a nearby New York hospital.

Police say he robbed a 32-year-old man of $150 U.S. in cash. The victim followed him, watched him go into the subway and called police.

Search goes on for balloonists

MISSING. U.S. and Croatian search and rescue teams joined an expanded Italian coast guard search Thursday for two American balloonists who disappeared in rough weather over the Adriatic Sea.

The United States offered two Navy aircraft to join in the search and one was put to work Thursday afternoon, said Italian Coast Guard Lt. Massimo Maccheroni.

TV stations to turn it down

LEGAL. U.S. legislation to turn down the volume on loud TV commercials that send viewers diving for their remote controls looks like it will soon become law.

The Senate late Wednesday unanimously passed a bill to require television stations and cable companies to implement industry standards capping the volume of commercials and equalizing the volume between ads and other programming.

The House has passed similar legislation but minor differences have to be worked out when Congress returns to Washington after the Nov. 2 election. THE ASSOCIATED PRESS

Canon
The Journey Continues.
Canon's new EOS Rebel T1i is packed with features, both refined and new. In addition to its admirable performance with an all-new 15.1 Megapixel Canon CMOS sensor, DIGIC 4 Image Processor, a 3.0-inch Clear View LCD with anti-reflective and scratch-resistant coating, and compatibility with the EOS System of lenses and Speedlites, the EOS Rebel T1i adds remarkable Full HD video capture at resolutions up to 1920 x 1080. An HDMI port allows for quick connections to high definition TVs and monitors for easy viewing of your stills and video. The entire operation is simple and easy even if you are a beginner. You'll have uncompromised EOS Digital performance with power and flexibility right in the palm of your hand.
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Google blacklists in an Instant

Online giant rolling out instant search results Now you can guess the 'Google blacklist' of bad words

Google Instant is being rolled out across the country and before long Canadians will be able to play the game that hackers are indulging in: guess Google's blacklist.

Google Instant is a new feature that spits out search results while a user is typing, without the need to click the Search button.

It was launched earlier this month on Google.com and as of Wednesday, started appearing on Google.ca for some users.

But there are certain words that Google won't help users spell.

A publication aimed at hackers called 2600 Magazine has already compiled a list of such words. It's several hundred entries long.

Some seem innocuous but could lead to adult pages, like "amateur," while others are blocked because they're associated with hate speech or other offensive content.

Although some have claimed that Google Instant's list of bad words is a form of censorship, users can still search for the subjects by typing them in themselves.

Google Instant's product manager, Toronto native Jonathan Effrat, said the list of words isn't new and is based on search data that points to objectionable content.

He admitted, however, there are cases in which some words are blocked without merit.

"It's really an imperfect science in some ways," Effrat admitted.

Example

- Google won't help you spell out Barenaked Ladies, even if you're just searching for the Canadian band. You'll get help searching for Pamela, but not Pamela Anderson.

Indiana. Sun bike

▶ Tony Coiro sits atop the solar-powered motorcycle he constructed Wednesday.

JOHN TERHUNE/JOURNAL AND COURIER/THE ASSOCIATED PRESS

A ride on solar power

Coiro converted a 1978 Suzuki GS 550 to solar power. He said he can travel 20 miles with speeds up to 45 mph before the motorcycle has to be recharged.

Jean pens letter

Departing Gov. Gen. Michaëlle Jean has written an open thank-you letter to Canadians, covering many of the highs and lows of her tenure, but making only passing reference to her handling of the prorogation crisis of 2008. Yet, she says that was a moment that likely made people question Canada's entire political system. The letter follows an interview she gave The Canadian Press earlier this week in which she said she took her time before granting Prime Minister Stephen Harper's request to prorogue Parliament because she wanted to emphasize that the decision deserved thought.

THE CANADIAN PRESS

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Toronto school locked down after shot fired

Police seek a 17-year-old male, 125 pounds, in a black sweater with red trim and white shorts over his pants

Police are looking for a third suspect believed to be armed and dangerous after a shot was fired in a downtown Toronto high school Thursday.

Two people have already been taken into custody for questioning.

The students were locked in the school for three hours while police scoured the school. The students were released around 4:30 p.m. They were not allowed to go to their lockers and were given transit access for free to get home.

Toronto police spokesperson Tony Vella told reporters they do not know if the suspect was still inside Central Tech high school or if he left the premises.

2,056
The school has 142 staff and 2,056 students.

But he assured all parents of students who had been locked down in the school that "public safety is our main concern. No one has been hurt."

Central Tech principal Sheryl Freeman spoke at a media conference just as the students were about to be released.

She confirmed that at 1 p.m. there was a report of a shot fired.

At the time, the students were getting ready for a Terry Fox run.

"The police came lickety-split," Freeman said.

She responded to questions about safety by saying the school is in a downtown community and the incident could have happened anywhere.

"They are fantastic kids. This is not a comment on the student body," Freeman said.

Students were let out of the school room by room, starting from the top floors, Freeman said. There was no homework for students, as they were not allowed to go to their lockers. TORSTAR NEWS SERVICE

Execution called off after legal setbacks

California's death penalty is again in legal limbo.

Prison officials called off the planned Thursday night execution of Albert Greenwood Brown after a state Supreme Court ruling made it impossible for the lethal injection to occur any earlier than Friday. But by then, the state's entire supply of a drug used during lethal injections would have expired.

The last execution in California occurred in January 2006.

Now, the question of whether California's lethal injection process is constitutional is back in the courtroom of U.S. District Court Judge Jeremy Fogel, who blocked the execution in a Monday order. Fogel said he did so because he wanted more than a few days to consider the legality of California's capital punishment system.

THE ASSOCIATED PRESS

TORSTAR NEWS SERVICE

▶ Evelyn Fung-aling, 93, comes to the Variety Plus to check her weekly lotto ticket. The lottery ticket that won a free play was turned in at this store in 2003.

IS THIS YOUR $12.5M?

OLG FLOODED WITH CALLS OVER TICKET

Ontario lottery officials say they're being inundated with callers claiming ownership of an allegedly stolen $12.5-million jackpot.

Eighty-seven people called soon after police and Ontario Lottery and Gaming announced Wednesday that they're searching for the "rightful" winner of the ticket.

Police accuse a Toronto-area convenience store employee and his two children of stealing the ticket seven years ago.

An OLG spokesman says they're asking the callers detailed questions about their ticket purchasing habits.

Tony Bitonti says 20 cases claiming ownership of the ticket have met the criteria and have been forwarded to provincial police for further investigation.

Twenty-seven more cases have been ruled out. THE CANADIAN PRESS

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Rome	Travel Oct 8 - Oct 22/ts	$445* + taxes & fees $325
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Panama 7 Nights 4-Star	*Playa Blanca Resort* Departs Oct 6/swg/wg.	$425* + taxes & fees $240
Cancun 7 Nights 4-Star	*Grand Coco Bay* Departs Oct 8/swg/wg.	$525* + taxes & fees $300

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Vacations

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Air + 4 Nights 4-Star $1299
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INCLUDES 4 nights beachfront accom. BONUS full daily breakfast included. Departs Oct 7/ggv/ua.

Buenos Aires
Air + 6 Nights 3-Star $1329
Tryp Buenos Aires + taxes & fees $262
INCLUDES 6 nights accom in downtown Buenos Aires. BONUS Buffet Breakfast daily and Internet access in all rooms and public areas. Departs Oct 7/ggv/ua.

Thailand Air + 8 Nights 3-Star $1649
Deevana Patong Resort, Koh Yao Yai Village, Phi Phi Natural Resort + taxes & fees $289
INCLUDES 3 nights accom in Phuket, 2 nights accom on Koh Yao and 3 nights accom on Koh Phi Phi. BONUS daily breakfast included. Departs Nov 9/ggv/cx.

Costa Rica Air + 8 Nights $1769
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CRUISE roundtrip Miami and visit Nassau, Half Moon Cay & Grand Turk.

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Ireland takes its medicine

Shellshocked taxpayers to shell out more for banks

Ireland will have to pump $16 billion US more into its crippled banking system, dealing more grief to shellshocked Irish taxpayers.

Coupled with the downgrade of Spain's bonds by a third ratings agency, the news Thursday from Dublin provided more evidence that Europe has not shed the debt troubles that shook the continent this spring as Greece teetered on the edge of bankruptcy.

Irish government leaders described the total bill to fix their banks, about $60 billion US, as "horrible" — but manageable.

The bailout will swell Ireland's deficit this year to a staggering 32 per cent of economic output, the biggest in post-Second World War Europe.

Yet, investors seemed to find some solace in the view that Ireland at least had come clean about the worst of its troubles.

Irish government bonds and the Irish Stock Exchange rose, while European Union officials expressed confidence in what Ireland had done.

Meanwhile, Moody's Investor Services cut Spain's public debt rating, an expected move that provided a further sign that Europe faces a long, hard fight.

THE ASSOCIATED PRESS

NIALL CARSON/PA WIRE/THE ASSOCIATED PRESS

▶ Police stand beside a cement truck that rammed the front gates of parliament in Dublin in an apparent protest over the bank bailout. A man was arrested.

"Ireland really has to pray for the best"
DANIEL GROS,
DIRECTOR OF THE CENTRE FOR EUROPEAN POLICY STUDIES

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Once you've experienced sedation dentistry you'll probably never be apprehensive about dental visits again. With sedation dentistry you'll have no anxious memories of injections, drilling or discomfort, nor will you be aware of any noises, tastes or smells associated with your treatment.

If you're someone who suffers from anxiety or phobia of dental visits or have neglected your dental health by putting off dental care for too long, sedation dentistry can help.

It really works! You can virtually snooze through your dental visit, yet you'll have no difficulty keeping your mouth open for an extended period of time if necessary.

Oral conscious sedation is a pharmaceutically-induced depression of consciousness during which you can respond purposefully to verbal instructions either alone or accompanied by light tactile stimulation. Throughout your dental appointment, the dental team will be monitoring all your vital signs, including blood pressure, heart rate and oxygen levels, watching them closely to avoid any complications. **It's a safe way to reduce the fatigue of extended dental treatments requiring longer appointments.**

During your dental visit you'll be sedated just enough to be unaware of the dental treatment being provided, as if you were snoozing. In fact, it may be possible to catch up on years of missed dental visits in as little as one or two anxiety-free appointments because many complicated and/or lengthy procedures can be completed while you're relaxed and comfortable. **Upon completion of your treatment you'll be aroused feeling refreshed, with little or no memory of what was accomplished for you.**

So, if you suffer from dental anxiety, or if you're in need of extensive, lengthy dental treatment, why not consider scheduling a dental visit to determine if you'd be a candidate for oral-conscious sedation dentistry? The doctor will discuss sedation with you, answer any questions and help you determine the optimal way to obtain the dental treatment you require with complete peace of mind.

Prior to treatment on the day of your visit, you'll be given oral medication to induce a state of relaxation. Just before and during your dental appointment you'll be given additional medication (as required) to enable you to receive your planned dental treatment without issue. Just one final note, because you'll be sedated throughout your dental visit, you'll have to arrange for a companion to drive you to and from your dental appointment.

The bottom line... ensuring your comfort and safety goes hand-in-hand with oral conscious sedation dentistry. **It is safe, effective and can help to improve your dental health in just one or two tranquil visits.**

Yours for better dental health,

Dr. David J. Halpin
B.Sc., D.D.S.

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DAVID DESCÔTEAUX

Quebec's politicians deserve a Darwin Award.

Stuck in traffic with a pressing need to urinate, a man gets out of his car and walks toward the low concrete wall, then jumps over it to get some privacy. No luck. His car wasn't on the road — it was on a bridge.

Sixty feet below, the man lost his life. But he won an honour: A Darwin Award. Given posthumously (and humorously) to those who help humanity by removing themselves from the gene pool.

The Darwin Awards come to mind when I think of Jean Charest and Quebec politicians. When I reflect on the incestuous relationship between politicians and construction companies, the political appointment of judges, the illegal financing of municipal parties, etc. And, of course, when looking at the cover of this week's Maclean's, calling Quebec "the most corrupt province in Canada."

"The more areas the state meddles in, the more numerous the opportunities for corruption. It's a mathematical rule."

Some say Charest, Quebec's premier, will never recover from these scandals. If so, his political death might help humanity — by enhancing not the politicians' gene pool (quite a challenge) but, rather, the voters'.

In particular, the shameful displays of crony capitalism occurring every day in La Belle Province illustrate the correlation between the size of government and corruption.

Corruption occurs when politicians spend other people's money. The more areas the state meddles in, the more numerous the opportunities for corruption. It's a mathematical rule. When government distributes licences, contracts and grants, people have an incentive to use bribes in order to obtain licences, contracts or grants. It's true in Quebec and it's true elsewhere in Canada.

Studies by the OECD, the World Bank and numerous scholars have documented this. It seems obvious, yet we ignore it.

I give the 2010 Darwin Award to the Quebec politicians whose careers will perish from these scandals. Their blatant disrespect for taxpayers should help wake us up.

David Descôteaux is a freelance economic journalist and an associate researcher at the Montreal Economic Institute.

Recovery in retreat: Report

The economy shrank for the first time in almost a year in July, a stark signal that weak growth lies ahead.

A lacklustre Statistics Canada report on economic growth Thursday came as the country's two main stewards of the economy both acknowledged that an earlier growth spurt this year has ended.

In scaling back a planned hike to Employment Insurance premiums, Finance Minister Jim Flaherty said the move will help save businesses and workers $1.2 billion next year.

Meanwhile, Bank of Canada governor Mark Carney warned that while the recession may be officially over, the economy is still a long way from returning to strength.

THE CANADIAN PRESS

▶ Finance Minister Jim Flaherty inspects a barbecue at a fireplace and BBQ store following Thursday's announcement.

ECONOMY

TORIES PULL BACK ON EI PREMIUM HIKE

Business groups are welcoming the Harper government's partial retreat on an employment insurance premium hike, but critics say the Conservatives should have done a full withdrawal.

Finance Minister Jim Flaherty announced Thursday that premiums will rise by five cents for each $100 of insurable earnings Jan. 1. The original plan was for a 15-cent jump.

He also said the government will limit future increases to a maximum of 10 cents for each $100 of insurable earnings.

THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. THURSDAY

DOLLAR	Natural gas 1,000 cu ft
+ 0.47¢ (97.18¢ US)	$3.820 (– 14.2¢)
	Gold contracts $1,307.80 (– 0.70¢)
OIL	**TSX**
+ $2.11 US ($79.97 US)	– 14.17 (12,382.82)

Plane maker launches new business craft

Bombardier is protecting its status as the world's largest business jet manufacturer by launching another large business aircraft to help fend off competition from Gulfstream's new G650.

THE CANADIAN PRESS

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5 MINUTES WITH: GWEN MADIBA

Gwennaelle Madiba Moubouyi is a masters student in sociology at the University of Ottawa and a humanitarian activist. She has been nominated as one of the Women's Executive Network's Canada's Most Powerful Women: Top 100.

You started the Black History Month gala at U of O. How did that happen?
I was thinking of having a big gala for Black History Month and trying to make people realize that Black History Month is not just for black people. I talked about it to His Excellency Jean-Daniel Lafond, who is the husband of our Governor General, and I asked him if he would come and he told me for sure they will be there. They came and it was amazing!
Rideau Hall takes your calls?
Rideau Hall takes everybody's calls, to be honest with you. Both Michaëlle Jean and Jean-Daniel Lafond are humanitarians, and they want to meet people. Obviously, there is this protocol and stuff, but when you actually meet them they put aside the protocol. They're really inspiring people and they're really accessible, once you get a hold of them.
On top of your studies and humanitarian work, you're a poet and a model. What would you do if you had free time?
Honestly, I believe you can make time for everything. It's just a question of organization and everything is possible. I mean, you don't want to burn yourself (out) either, because that did happen to me, and something that I realized is that in order to be able to take care of the world you have to be able to take care of yourself.
You're from Gabon originally. What does it mean to you?
I lived in Gabon from age zero to seven and every two years afterward we would travel there. One thing that I keep from Gabon is this connection between people. When you come back, even if it's been 10 years that you haven't been there, people are there to welcome you and ask you about your great-grandfather that you didn't even know.
Do you know what's going to happen in November with the Women's Executive Network?
No, not yet, and as a matter of fact I can't really talk about it now. One thing I can tell people is that, yes, I was nominated and I'll know on Nov. 29 and I'll see. STEVE COLLINS

Cartoon

MICHAEL DE ADDER

No jacket required

Worth mentioning

Some ancient penguins may have been twice as big as today's Emperor penguin but they lacked the dashing tuxedo, or dinner jacket.

Researchers unearthed remains of a nearly five-foot-tall (1.5-metre) penguin that roamed what is now Peru about 36 million years ago, and also discovered fossilized feathers that show back then, the flightless bird was a more motley mix of reddish-brown and grey.

Thursday's report in the journal Science is more than a curiosity about colour. Analyzing the fossil led to a new discovery about modern penguins, which in turn raises questions about how their feathers evolved to help them become such expert swimmers.

It's one of the largest penguins that ever lived, estimated to have been twice as heavy as the average Emperor penguin of today. The second species of giant penguin discovered in Peru is part of a cluster of now-extinct penguin species that apparently ranged over much of the Southern Hemisphere.

A stroke of luck helped paleontologists find the feathers. A student on the dig team discovered the fossil's foot and noticed it had scales, evidence of soft tissue that's rarely preserved.
THE ASSOCIATED PRESS

Fashion evolution

What's your favourite day of the week? Why?

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Metro Minute at the Butterfly Show

The annual Butterfly Show returns to Carleton University for 10 days starting Friday. Visitors can enjoy the magic as butterflies emerge from their chrysalises. Watch thousands of exotic tropical butterflies fly free in the two display greenhouses at Carleton's Nesbitt Biology Building located at the corner of University Drive and Raven Road.

Pack a few orange slices as sweet treats for the butterflies. The show runs daily from 9 a.m. to 4 p.m. through Thanksgiving Monday. As a bonus, parking is free on weekends and holidays. Admission is free, but all donations go towards purchasing specimens for the show.
TRACEY TONG

Three days to play

DO YOU THINK PROSTITUTION SHOULD BE DECRIMINALIZED?

James Yoo
OTTAWA
The people who are trying to exploit prostitution should be charged to the highest degree of the law.

Heather Hossie
OTTAWA
I think the decriminalization of prostitution can be a good thing, as long as they're careful about how they do it, as long as checks and balances are in place.

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No on-screen chemistry was needed for Heigl and Duhamel ◗ Characters thrust into parenthood together despite a true dislike for each other after mutual friends' tragic death ◗ Life As We Know It shows the difficulties of marriages and parenting

▶ Katherine Heigl and Josh Duhamel star in Life As We Know It, which comes out next Friday.

An unwanted partnership

STEVE GOW
SCENE@METRONEWS.CA

In Life As We Know It, Katherine Heigl and Josh Duhamel struck some solid on-screen chemistry by playing two characters that really, really hate each other.

"Yeah, these people really don't like each other," laughed Heigl during a recent interview in New York to promote the romantic dramedy. "He kind of enjoys needling her and sticking it to her."

"I don't think we put any pressure on each other to have chemistry," added Duhamel who insists the characters simply work best when they're at their worst. "We really didn't like each other. It was real … that was the whole mentality."

Opening next Friday, Life As We Know It casts Heigl and Duhamel as two polar opposites who must overcome their animosity for each other when they assume guardianship over an orphaned toddler after the tragic death of their mutual friends.

"I thought it was an interesting dynamic," said Heigl.

"Regardless of this bickering thing they have going, they are there for each other because they unite in this crap that they're going through."

The movie certainly rests on the question of whether these rivals will fall for each other through parental pursuits. However, for the two stars (who are each married in real life — Heigl to musician Josh Kelley, Duhamel to Black Eyed Peas' Fergie), the film also redeems the sacrifice that comes with marriage.

"Marriage can be a big old pain in the butt on many occasions but I really like my guy and I wouldn't want to live life without him," said Heigl.

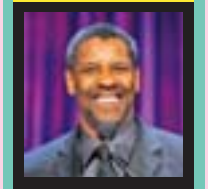
"There is something about having a partner in life on your side even when you're wrong. That's kind of amazing to have."

Marriage advice

For married folks that are lamenting their single life, Katherine Heigl has some advice: "If it's a good relationship and its (your) true companion," said the actress. "Seriously spend a full day just doing everything in your life as you would without that person and you will miss them."

2 scene

News in brief



Organizers say Academy Award-winning actor Denzel Washington will host this year's Nobel Peace Prize Concert in Oslo, Norway.

Washington said Thursday he was "honoured to attend" the Nobel Peace Prize Concert "to help spread the message of global peace."

Last year, actor Will Smith and his actress wife Jada Pinkett Smith co-hosted the concert, honouring the 2009 laureate and Smith fan Barack Obama.

The winner of the 2010 Nobel Peace Prize will be announced in Oslo on Oct. 8. The award

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Out of the vault: Nashville songwriter Shawn Camp waits 16 years for new album's release

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Malkovich keeps staying busy

Actor stars in Jonah Hex, Secretariat and Red this year alone ◗ A new Dangerous Liaisons in the works

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN LOS ANGELES

When audiences first meet John Malkovich's irascible French Canadian horse trainer Lucien Laurin in Secretariat, he's failing miserably at golf and spitting French put-downs. It's the latest in a line of delightfully aggressive turns from the veteran Malkovich, who also hits theatres this month with Red. Metro sat down with Malkovich at the Santa Anita racetrack to discuss choosing roles, directing theatre versus directing movies and how to look like a bad golfer on screen.

How is your actual golf game?
I never really played golf. My best friend growing up was always playing golf. I went out, I think, maybe once or twice and smacked it around a little bit. I never tried, you know?

So you didn't have to try too hard to play poorly?
Actually, (Secretariat's director) Randall (Wallace) kept saying the shots looked too good, so I fixed him up with some bad shots. I did one shot that was fantastic. I put out five balls on the tee and was able to hit one, which ricocheted and did another ricochet and hit the cameraman. Spectacular shot. I was like, "Take that!"

You've got an eclectic mix of roles this year, with Secretariat, Jonah Hex and Red. How much do you plan ahead what types of roles you'll take on?
Honestly, I don't over-worry the notion of roles. I try to worry about can this film be good? Jonah Hex could have been good. It didn't turn out to be at all, but it wasn't gone into with any sort of cynicism. I've done films where the role is fantastic, like Color Me Kubrick, but if the film is not a really good film, it doesn't matter. You may as well have not done it.

Do you have any more directing projects in mind?
The next thing I direct will be a new translation and adaptation of Dangerous Liaisons, of Les Liaisons Dangereuses, in Paris. I still direct a lot for the stage. I love directing movies, but I don't want to goof around eight years to get it made, you know? If I want to do a play, I just do it, and it's done. It's a waste of time to spend years trying to get something on that should be perfectly simple to get on. But that's movies, and I get all that aggro as a producer. You get your kicking producing. I don't need it directing also. If something comes along and I feel like it, great.

▶ John Malkovich and Diane Lane star in Secretariat.

How long did it take to get your directorial debut, The Dancer Upstairs, made?
Eight years. Eight years of nonsense. I like the film very much, but even if it would've come out really badly, it's $4 million. It's not $500 million. And it's going to make more than $4 million, and it will be around. If it took eight years to make a horse race, they wouldn't be much fun to do. I'd never say I love directing plays more than I like directing movies. But it's everything before the movie actually happens and then often afterward that you just think, "Oh, come on. I'm not 5 years old. I don't have time for this."

Josh Brolin does a fantastic impression of you.
Yeah, they say it's very good.

Have you heard it?
Not really. He kind of did a little for me. But I just saw him two nights ago and hopefully — I don't know if we're going to have dinner this week while I'm here, but maybe when I come back. I'm very, very fond of Josh. But yeah, I hear that he does a very good impression. I've heard a few, but I haven't heard Josh's.

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FROM THE DIRECTOR OF 'CLOVERFIELD'

LET ME IN

WRITTEN FOR THE SCREEN AND DIRECTED BY MATT REEVES

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A perfect pairing

The Social Network
Genre: Drama
Directors: David Fincher
Stars: Jesse Eisenberg, Andrew Garfield, Justin Timberlake
◍◍◍◍

Facebook: The Movie was a depressing inevitability, but fortunately the project found the most unlikely and perfect set of collaborators in the dialogue dependent West Wing scribe Aaron Sorkin and director David Fincher (Se7en). Together they've created a portrait of Facebook creator Mark Zuckerberg that presents him as a tragic success story: a mid-20s computer genius who created the massively successful social networking site despite being socially incompetent.

It's an ingenious piece of irony that positions Zuckerberg as a poster boy for a generation that lives robust social lives online without really knowing how to interact in person.

The Social Network uses two legal proceedings in which Zuckerberg is sued by former partners as a framing device and was based on source material derived from interviews with those he burned. As such it can't be taken as gospel, but the few awkward damage control interviews that Zuckerberg has done to defend himself recently suggest the overall portrayal isn't that far off. Fortunately, the level of truth doesn't really matter as the film is primarily a layered and surprisingly hilarious character study that represents Sorkin's best writing, Fincher's most subdued filmmaking, and the most nuanced neurotic performance yet from the underrated Jesse Eisenberg.

PHIL BROWN

Fubar II
Genre: Comedy
Director: Michael Dowse
Stars: Paul Spence, Dave Lawrence
◍◍◍◍

It's been eight years since headbangers Terry and Dean were given'r in Fubar but the Alberta boys haven't lost any of their lust for life. In this sequel, the boys celebrate Dean's remission from cancer by getting jobs in the oil patch where the inseparable buddies' relationship is soon strained by a girlfriend, Dean's attempts to collect workers' compensation and loads of property damage. It's clear the boys have a bigger budget but they manage to keep the authentic tone of the original.

STEVE GOW

Buried
Genre: Thriller
Director: Rodrigo Cortés
Stars: Ryan Reynolds
◍◍◍

Buried begins with a Blair Witch close-up — all eyes and nose — of star Ryan Reynolds. We learn he is a civilian truck driver in Iraq who was taken hostage, buried underground with a cellphone, who will be left to die unless a ransom is paid. Bleak and claustrophobic, Buried feels like one idea stretched to feature length despite inventive work from director Rodrigo Cortes and a revelatory central performance from Reynolds.

RICHARD CROUSE

StreetDance 3-D
Genre: Drama
Directors: Max Giwa and Dania Pasquini
Stars: Nichola Burley, Richard Winsor, Charlotte Rampling
◍◍

This week's film about a struggling street dance team forced to join forces with ballet students is British and in 3-D. In theory that makes it different than all the other You Got Served-style entertainment jammed down audiences' throats, but sadly there's nothing even moderately original about this movie.

PHIL BROWN

Winnebago Man
Genre: Comedy
Director: Ben Steinbauer
Stars: Jack Rebney
◍◍◍½

In 1989, Jack Rebney's expletive-laden tirades cut from a motorhome company's industrial video wound their way across the country via VHS tapes and internet video, making him a pop culture poster boy for bad days. Director Ben Steinbauer elects to track him down. Winnebago Man is stunning; an endearing peek into one man's dreadful day and its decades-long, universal resound.

KEITH CARMAN

I'm Still Here
Genre: Documentary
Director: Casey Affleck
Stars: Joaquin Phoenix, P. Diddy, Ben Stiller
◍◍◍

Was Joaquin Phoenix's brief failed music career a hoax? That's the question that everyone hoped Casey Affleck's highly anticipated documentary would answer and admirably the movie doesn't make things clear. It will be debated, but more likely than not this was an elaborate Andy Kaufman-style stunt designed to show how easily the media can manipulate a tragic personal meltdown into primetime

PHIL BROWN

Jack Goes Boating
Genre: Comedy-romance
Director: Philip Seymour Hoffman
Stars: John Ortiz, Daphne Rubin-Vega, Philip Seymour Hoffman, Amy Ryan
◍◍◍

Jack Goes Boating is based on Bob Glaudini's off-Broadway play about two working-class New York City couples. Clyde and Lucy are trapped in a marriage that is slowly rotting, while Jack and Connie carefully embark on a new romance. Quiet and insightful, this is a realistic look at relationships that places its emphasis on performances rather than plot.

RICHARD CROUSE

Let Me In
Genre: Horror
Director: Matt Reeves
Stars: Chloe Moretz Kodi Smit-McPhee
◍◍◍

Let Me In, a remake of the much loved Swedish film Let the Right One In, is a story about two pre-teens excluded from general society — one by bullies, the other because she's a vampire. Save for its setting the film is respectful to its source in all ways but one. In the American version Chloe Moretz plays her as much more vulnerable which separates it from the original, but is a less effective.

RICHARD CROUSE

AMERICAN REMAKES A LONG TRADITION

In Focus

RICHARD CROUSE
SCENE@METRONEWS.CA

This weekend the story of a 12-year-old vampire who helps her young neighbour deal with bullies at school hits theatres. Sound familiar? It should, the movie is an American remake of a Swedish art house hit from less than twelve months ago. Let Me In, the English language remounting of Låt den rätte komma in, joins a long list of movies to paste an American stamp on its cinematic passport.

Let Me In is earning good reviews for its respectful treatment of the source material but that is not always the case. Critic Tom O'Neil warned, "Chances are, with the remake, Hollywood is just serving up re-fried beans that aren't very tasty."

Re-hashes like Weekend at Bernie's, which was loosely based on the Indian cult classic Jane Bhi Do Yaaron and the Thai film Bangkok Dangerous, which won the 2000 Toronto International Film Festival international critics' Award only to be retooled as a big budget, small-brained Nic Cage movie, have left a bad taste in viewer's mouths but not all remakes are unpalatable.

The Departed, the Irish Mafia movie that gave Martin Scorsese his long deserved Best Director Oscar, was based on the Hong Kong film Infernal Affairs. Critics loved Scorsese's film, giving it a 93 per cent fresh rating on Rotten Tomatoes, although Infernal Affairs star Andy Lau grumbled, "The Departed was too long," and Andrew Lau, the original's co-director said, "of course I think the version I made is better but the Hollywood version is pretty good too."

Also pretty good is Insomnia, Christopher Nolan's 2002 remake of a

▶ The Departed was a remake of the Hong Kong film Infernal Affairs.

1997 Norwegian film of the same name. Directed by Erik Skjoldbjærg, the original's story of a disgraced Swedish detective, played by Stellan Skarsgård, who struggles to solve a brutal murder case in northern Norway is a gritty psychological drama which writer Peter Cowie said "represents European cinema at its most challenging." The U.S. remake, starring Al Pacino, Robin Williams and Hilary Swank is a much different film. Roger Ebert said, "unlike most remakes, the Nolan Insomnia is not a pale retread, but a re-examination of the material, like a new production of a good play."

These U.S. remakes have always been with us, and regardless of how Let Me In fares at the box office, are unlikely to stop. For better or for worse plans are already underway for an English remake of The Girl with the Dragon Tattoo starring Daniel Craig.

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The new Robert Pattinson?

British actor Andrew Garfield certainly has the hair — and the new roles — to give the Twilight star a run for his money Did we mention he's Spider-Man?

NED EHRBAR
METRO WORLD NEWS IN LOS ANGELES

With two high-profile movies hitting theatres this month, and the fact that he was just tapped to be the new Spider-Man, 25-year-old British actor Andrew Garfield's life is changing, to say the least. But with everything taking off around him, Garfield would rather slip away from the Hollywood scene and debate religion. Metro sat down with the genial actor to discuss his latest film, the adaptation of Kazuo Ishiguro's Never Let Me Go.

Were you a fan of the book prior to doing the movie?
Well, I'd read the book and the script simultaneously before I'd auditioned. You just can't argue with it. It's just such a well-crafted

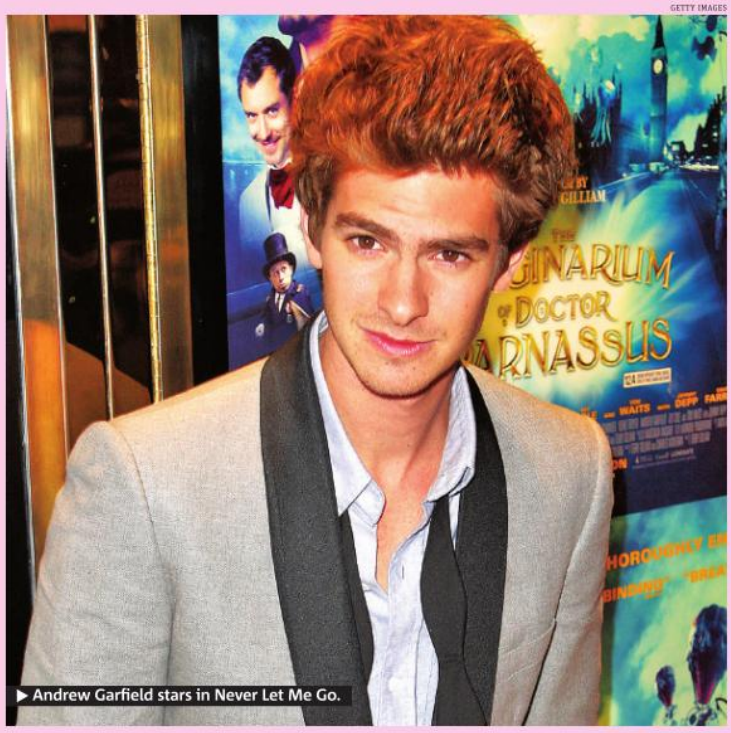
"We spent two weeks rehearsing where we pretty much just got to know each other — because we had to if we were going to play brothers and sisters, pretty much."
GARFIELD, ON WORKING WITH CO-STARS CAREY MULLIGAN AND KIERA KNIGHTLEY

musing on what it is to be alive.

You have some of the most intense scenes in the film. What kind of challenge was that?
I'd go nuts if I didn't exorcise certain of my own demons. It was painful in a controlled situation, which kind of gives it allowance. Whereas in my real life and in all of our real lives, we try to avoid pain at all costs, right? One of the themes of this film is our need as human beings to keep death out of reach, to prolong our lives, to continue our seed going into the future. Because the idea of death, the idea of the nothing is terrifying. Unless you have a deep-rooted spiritual doubtlessness about what happens after life, which I don't feel like we have very much in our Western society.

You also star in The Social Network. How are you celebrating your big autumn?
Maybe I'll go to Portland or something and hang out, just bury my head in the sand. I'm aware that these two films are coming out, and it is exciting because I'm so happy to be a part of them and to talk to people about it. But once filming is over, that's kind of the end of the real fun stuff for me.

GETTY IMAGES



▶ Andrew Garfield stars in Never Let Me Go.

Documentary leads to an unexpected place

PHIL BROWN
SCENE@METRONEWS.CA

Ariel Schulman and Henry Joost like to film everything they do, just in case. These days, you never know when you'll stumble onto a clip that'll make you the toast of the internet for 15 minutes.

"The audience experience has been really great, which was a huge surprise. I had no idea what to expect from watching it with strangers in a large numbers."
ARIEL SCHULMAN

"We're compulsive chroniclers" explained Schulman, who admits to having folders full of footage of his brother Nev leaning back in a chair in their office because "one of these days he's going to fall and I might want to build a video around it."

That instinct lead to their debut feature Catfish about Nev's odd online relationship with a family that led to an in person meeting with disastrous and distressing results. Revealing more would be unfair, but the digital documentary caused a stir at Sundance and the obvious joke is that it could do for Facebook what Psycho did for showers.

▶ Nev Schulman in Catfish

Schulman and Joost filmed every moment of the online affair hoping that they'd make "a short film about a little friendship that started online between a painter and a photographer." They ended up with something far more complex and disturbing, but admirably continued chronicling every moment from Nev's first awkward phone call with his mysterious online admirer on. Joost admitted to only missing, "a great fight that Ariel and Nev had afterwards that I sort of wish I'd filmed, but it's probably better that I didn't because someone would have broken my wrist."

The close friendship between Ariel, Henry, and Nev managed to survive the ordeal of shooting and now they have possibly the first cautionary tale of the Facebook age. The film's "star" Nev has found that audiences "are immediately familiar with me after seeing the movie and come up and say, "oh my god Nev, I've got to tell you something.'"

As a result the filmmakers have been inundated with similar tales of online deception. "These stories are happening all over the place, but they're just not getting caught on film," said Ariel.

As to what the team have planned next now that they've broken into the world of professional filmmaking, Ariel joked, "We'll probably just film Nev every one in a while and hope for the best."

"...the year's most reliably great night out."
— Toronto Star

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THESE PAGES COVER MOVIE START TIMES FROM FRI., OCT. 1 TO THURS., OCT. 7. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

OTTAWA

BYTOWNE CINEMA
325 Rideau St., 613-789-3456

City of God (STC) Mon 8:50 Tue 4
Countdown to Zero (STC) Fri 5 Sat 2:45
Force of Nature: The David Suzuki Movie (STC) Fri 9:05 Sat 6:50 Sun 2:15-6:20 Mon-Tue 6:45 Wed 5 Thu 9:05
I Am Love (18A) Wed 9:05 Thu 4:30
Jack Goes Boating (14A) Fri 7:05 Sat 4:50-8:55 Sun 4:20-8:25 Mon 4:45 Tue 8:50 Wed-Thu 7:05

CANADIAN FILM INSTITUTE
2 Daly Ave., Suite 120, 613-232-6727

Baisers volés (STC) Sat 7
Benny's Video (STC) Sat 9:15
No Films Showing Today (STC) Fri Sun-Thu

CANADIAN MUSEUM OF NATURE
240 McLeod St., 613-566-4700

No Films Showing Today (STC) Fri-Thu

CENTRETOWN MOVIES
Dundonald Park, 512 Somerset St. W., 613-232-1534, centretownmovies.org

Listings not available at press time.

COLISEUM OTTAWA
3090 Carling Ave., 613-596-9475

Alpha and Omega 3-D (PG) Fri-Sun 12-2:25-4:50-7:25 Mon-Thu 4:50-7:25
Case 39 (14A) Fri-Sun 1:10-4:10-7:10-10 Mon-Thu 4:10-7:10-10
Easy A (14A) Fri-Sun 1-4:25-7:20-9:45 Mon 4:25-9:45 Tue-Thu 4:25-7:20-9:45
Enthiran (STC) No Passes Fri-Sun 12:30-4:30-8 No Passes Mon-Thu 4:30-8
Legend of the Guardians: The Owls of Ga'Hoole 3D (PG) No Passes Fri-Sun 12:05-2:35-5:10-7:45-10:20 No Passes Mon-Thu 5:10-7:45-10:20
Let Me In (14A) Fri-Sun 1:30-4:40-7:30-10:15 Mon 7:30-10:15 Tue-Thu 4:40-7:30-10:15
Les Miserables: 25th Anniversary Live From the O2 (STC) Mon 7
Resident Evil: Afterlife 3D (18A) Fri-Thu 9:50
Secretariat (G) Sneak Preview Sat 7
The Social Network (14A) No Passes Fri-Sun 12:45-3:50-6:50-9:55 No Passes Mon-Thu 3:50-6:50-9:55
StreetDance 3D (STC) Fri-Sun 12:10-2:40-5:15-7:55-10:25 Mon-Thu 5:15-7:55-10:25
The Town (14A) Fri-Sun 1:20-4:20-7:15-10:10 Mon-Thu 4:20-7:15-10:10
Wall Street: Money Never Sleeps (PG) Fri-Sat 12:20-12:50-3:25-4-6:30-7-9:35-10:05 Sun 12:20-12:50-3:25-4-7:10:05 Mon 3:25-4-6:30-9:35 Tue-Wed 3:25-4-6:30-7-9:35-10:05 Thu 4-6:30-7-9:35-10:05 Star & Strollers Screening Thu 1
WWE Hell in a Cell (STC) Sun 8
You Again (PG) Fri 12:40-3:35-7:05-9:40 Sat 12:40-3:35-10:05 Sun 12:40-3:35-7:05-9:40 Mon-Thu 3:35-7:05-9:40 Star & Strollers Screening Thu 1

EMPIRE 7 CINEMAS
111 Albert St., 3rd Floor, World Exchange Plaza, 613-233-0209

The American (14A) Fri-Sun 9:25 Tue-Thu 9:25
Case 39 (14A) Fri 3:50-6:50-9:40 Sat-Sun 12:50-3:50-6:50-9:40 Mon-Thu 3:50-6:50-9:40
Devil (14A) Fri 4-7 Sat-Sun 1-4-7 Mon 4 Tue-Thu 4-7
Les Miserables: 25th Anniversary Live From the O2 (STC) No Passes Mon 7
Return to El Salvador (STC) Fri 4:20-7:20-9:50 Sat-Sun 1:20-4:20-7:20-9:50 Mon-Tue 4:20-7:20-9:50 Wed-Thu 4:20-9:50
The Social Network (14A) Fri 3:40-6:40-9:35 Sat-Sun 12:40-3:40-6:40-9:35 Mon-Thu 3:40-6:40-9:35
The Town (14A) Fri 3:30-6:30-9:30 Sat-Sun 12:30-3:30-6:30-9:30 Mon-Thu 3:30-6:30-9:30
Wall Street: Money Never Sleeps (PG) Fri 3:20-6:20-9:20 Sat-Sun 12:20-3:20-6:20-9:20 Mon-Thu 3:20-6:20-9:20
You Again (PG) Fri 4:10-7:10-9:45 Sat-Sun 1:10-4:10-7:10-9:45 Mon-Thu 4:10-7:10-9:45

MAYFAIR THEATRE
1074 Bank St., 613-730-3403, mayfair-movie.com

Devil (14A) Fri-Sat 7-9 Sun-Thu 7:30

OTTAWA FAMILY CINEMA
710 Broadview Ave., 613-722-8218, familycinema.ca

No Films Showing Today (STC) Fri Sun-Thu

HANDOUT/THE ASSOCIATED PRESS

▶ Michael Douglas stars in Wall Street: Money Never Sleeps.

Toy Story 3 (G) Sat 2

RAINBOW CINEMAS
St. Laurent Centre, 1200 St. Laurent Blvd., 613-688-0850

Cats & Dogs: The Revenge of Kitty Galore (G) Fri-Thu 12:45-2:40-4:30
Dinner for Schmucks (14A) Fri-Thu 7-9:20
Eat Pray Love (PG) Fri-Wed 10-1-3:50-6:40 Thu 10-3:50-6:40 Thu 1
The Expendables (18A) Fri-Thu 10:30-7:10-9:25
Nanny McPhee Returns (G) Fri-Thu 12:25-2:45-5:05
The Other Guys (14A) Fri-Thu 10:40-6:50-9:05
Ramona and Beezus (G) Fri-Thu 12:35-2:50-5
Salt (PG) Fri-Thu 10:20-7:20-9:30
Toy Story 3 (G) Fri-Thu 10:10-12:15-2:30-4:45
The Virginity Hit (18A) Fri-Thu 9:40

RIDEAU CENTRE CINEMAS
50 Rideau St., 613-234-3712

Easy A (14A) Dolby Stereo Digital Fri 4:30-7:15-9:35 Dolby Stereo Digital Sat-Sun 2:4:30-7:15-9:35 Dolby Stereo Digital Mon-Thu 3:30-5:40-8:20
Legend of the Guardians: The Owls of Ga'Hoole (PG) SDDS Digital Fri 4:20-7:9:25 SDDS Digital Sat 1:50-4:20-9:25 SDDS Digital Sun 1:50-4:20-7-9:25 SDDS Digital Mon-Thu 3:15-5:50-8:10
Let Me In (14A) Dolby Stereo Digital Fri 4:10-6:45-9:15 Dolby Stereo Digital Sat-Sun 1:40-4:10-6:45-9:15 Dolby Stereo Digital Mon-Thu 3-5:30-8

SOUTH KEYS
2214 Bank St., 613-736-1115

Alpha and Omega (PG) Fri-Tue 10:40-1:10-3:40-6:35-9:10 Wed 10:40-1:10-3:40-9:30 Thu 10:40-1:10-3:40-6:35-9:10
Case 39 (14A) Fri-Thu 10:55-1:55-4:40-7:30-10
Devil (14A) Fri-Sun 11:15-2-4:25-6:45-9:25 Mon 11:15-2-4:25-6:45-10:20 Tue-Thu 11:15-2-4:25-6:45-9:25
Easy A (14A) Fri-Thu 11:05-1:50-4:30-6:55-9:35
Inception (PG) Fri 11:35-3:20-6:30-9:40 Sat 11:35-3:20-9:40 Sun 11:35-3:20-6:30-9:40 Mon 11:35-3:20-9:40 Tue-Thu 11:35-3:20-6:30-9:40
Legend of the Guardians: The Owls of Ga'Hoole 3D (PG) No Passes Fri-Thu 10:35-1:05-4-6:40-9:15
Let Me In (14A) Fri-Thu 10:50-1:30-4:10-7:05-9:45
Life as We Know It (STC) Sat 7
Les Miserables: 25th Anniversary Live From the O2 (STC) Mon 7
The Social Network (14A) No Passes Fri-Sun 10:35-1:25-4:15-7:15-10:05 No Passes Mon 12:30-3:20-7:15-10:05 No Passes Tue-Thu 10:35-1:25-4:15-7:15-10:05
StreetDance 3D (STC) Fri-Thu 10:45-1:35-4:20-7-9:30
The Town (14A) Fri-Thu 10:30-1:15-4:05-7:10-9:55
Wall Street: Money Never Sleeps (PG) Fri-Thu 12:35-3:45-6:50-9:55
You Again (PG) Fri-Thu 11-1:45-4:35-7:20-9:50

GATINEAU

CANADIAN MUSEUM OF CIVILIZATION
100 rue Laurier, 819-776-7010

Arabia 3D (STC) Fri-Sat 11-2:15-7 Sun 11-2:15 Mon 11-2:15-7 Tue 11-2:15-9:10 Wed-Thu 11-2:15-7 Fri 1:10-8:05 Sat 9:55-4:25 Sun 1:10 Mon 1:10-9:10 Tue 4:25-7 Wed 1:10 Thu 4:25
Cavaliers du Monde (STC) Fri 4:25 Sun 4:25 Wed 4:25
Hubble 3D (STC) Fri 12:05-3:20 Sat 12:05-3:20-8:05 Sun-Mon 12:05-3:20 Tue 12:05-3:20-8:05 Wed-Thu 12:05-3:20 Fri 8:05 Sat 1:10 Sun 9:55 Mon 4:25-8:05 Tue 1:10 Thu 1:10
Inception (G) Sat 9:10 Sun 7 Wed-Thu 8:05
Origine (G) Fri 9:10
Ride Around the World (STC) Fri-Thu 5:30

CINÉ-CAMPUS UQO
283 rue St-Jean-Bosco, 819-773-1888

CINÉMA DES GALERIES D'AYLMER
400 boul. Wilfrid-Lavigne, 819-248-2526

Le Concert (G) Tue 1-3:30 Wed-Thu 7
Legend of the Guardians: The Owls of Ga'Hoole (G) Fri-Sun 1-3:20-7-9:20 Mon 7 Tue 1-3:20-7-9:20 Wed-Thu 7-9:20
Let Me In (13+) Fri-Sun 1:10-3:40-7:10-9:40 Mon 7:10 Tue 1:10-3:40-7:10-9:40 Wed-Thu 7:10-9:40
The Social Network (G) Fri-Sun 12:40-3:20-6:40-9:20 Mon 6:40 Tue 12:40-3:20-6:40-9:20 Wed-Thu 6:40-9:20
Wall Street: Money Never Sleeps (G) Fri-Sun 12:50-3:30-6:50-9:30 Mon 6:50 Tue 6:50-9:30 Wed-Thu 9:30

CINÉ-STARZ
1100 boul. Maloney Ouest, 819-568-8000

Chats et Chiens : La Revanche de Kitty Galore (G) Fri-Sun 12-1:35-3:15-5:7 Mon-Thu 12-1:30-3-4:30-6
Filière 13 (G) Fri-Sun 7:40-9:35 Mon-Thu 1:55-7:35-9:30
Histoire de Jouets 3 (STC) Fri-Sun 12-1:55-3:50-5:45 Mon-Thu 12-5:45
L'Apprenti Sorcier (G) Fri-Sun 12-3:50-3:55 Mon-Thu 12-5:40
Mange Prie Aime (G) Fri-Sun 7-9:25 Mon-Thu 1:30-3:55-9:15
Mords-Moi - Sans Hésitation (G) Fri-Sun 1:50-3:25-7:35 Mon-Thu 12-3:45-6:20-7:50
Piché: Entre Ciel et Terre (STC) Fri-Sun 8:35 Mon-Thu 3:50-7:30-9:25
Ramona et Beezus (G) Fri-Sun 12-5:05
Les Sacrifiés (13+) Fri-Sun 5:45-9:05 Mon-Thu 1:55-7:35-9:25

CINÉ-PARC TEMPLETON DRIVE-IN
1779 boul. Maloney Est, 819-663-0915

Listings not available at press time.

GATINEAU 9
120 boul. de l'Hôpital, 819-568-6070

Encore Toi! (G) Fri 7-9:35 Sat-Sun 12:40-3:7-9:35 Mon 9:35 Tue 12:40-3:7-9:35 Wed-Thu 9:35
Incendies (13+) Fri 6:20-9:05 Sat-Sun 12:20-3:05-6:20-9:05 Mon 6:20-9:05 Tue 12:20-3:05-6:20-9:05 Wed-Thu 6:20-9:05
La Légende des Guardiens: Le Royaume de Ga'hoole (G) Fri 7:15-9:45 Sat-Sun 12:30-2:45-7:15-9:45 Mon 7:15-9:45 Tue 12:30-2:45-7:15-9:45 Wed-Thu 7:15-9:45
Le Poil de la bête (G) Fri 7:05-9:20 Sat-Sun 1:10-3:20-7:05-9:20 Mon 7:05-9:20 Tue 1:10-3:20-7:05-9:20 Wed-Thu 7:05-9:20
Le Réseau Social (G) Fri 6:50-9:30 Sat-Sun 1-3:40-6:50-9:30 Mon 6:50-9:30 Tue 1-3:40-6:50-9:30 Wed-Thu 6:50-9:30
StreetDance 3D (G) Fri 7:10-9:40 Sat-Sun 1:05-3:25-7:10-9:40 Mon 7:10-9:40 Tue 1:05-3:25-7:10-9:40 Wed-Thu 7:10-9:40
Tout Pour un A (G) Fri 6:40-8:45 Sat-Sun 1:15-3:50-6:40-8:45 Mon 6:40-8:45 Tue 1:15-3:50-6:40-8:45 Wed-Thu 6:40-8:45
La Tête en Friche (G) Fri-Thu 7:20
Wall Street: L'argent Ne Dort Jamais (G) Fri 6:30-9:15 Sat-Sun 12:50-3:45-6:30-9:15 Mon 6:30-9:15 Tue 12:50-3:45-6:30-9:15 Wed-Thu 6:30-9:15
À L'Origine d'un Cri (13+) Fri 9:25 Sat-Sun 12:10-3:10-9:25 Mon 9:25 Tue 12:10-3:10-9:25 Wed-Thu 9:25

STARCITÉ HULL
115 boul. du Plateau, 819-770-1090, cinemasfortune.ca

Alpha et Omega (G) Fri-Tue 12:10-2:25-4:40
Case 39 (13+) Fri-Thu 1:20-4:05-6:40-9:15
Easy A (G) Fri-Thu 12:30-2:55-5:20-7:45-10:05
Incendies (13+) Fri-Wed 12:45-3:40-6:35-9:30 Thu 3:40-6:35-9:30 Thu 12:45
Legend of the Guardians: The Owls of Ga'Hoole 3D (G) No Passes Fri 12:40-3:05-5:30-7:55-10:20 No Passes Sat 12:40-3:05-5:30-7:55-10:20 No Passes Sun-Wed 12:40-3:05-5:30-7:55-10:20 No Passes Thu 12:40-3:05-10:20
Let Me In (13+) Fri-Thu 1:05-4:15-7:15-10
Life as We Know It (G) Sat 7
La Légende des Guardiens: Le Royaume de Ga'hoole 3D (G) No Passes Fri-Thu 12:25-2:50-5:15-7:40-10:10
Les Miserables: 25th Anniversary Live From the O2 (STC) Mon 7
Le Poil de la bête (G) Fri-Thu 1:10-3:35-6:30-8:55
Resident Evil: L'au-delà (13+) Fri-Sun 6:55-9:55 Mon 9:55 Tue 6:55-9:55
Route 132 (G) Wed-Thu 12:10-4:20-6:55-9:40
Le Réseau Social (G) No Passes Fri-Thu 1:15-4:7:10-10:20
The Social Network (G) No Passes Fri-Thu 1-3:45-7:20-10:10
StreetDance 3D (G) Fri-Thu 12:35-3-5:25-7:50-10:15 Fri-Thu 12:20-2:45-5:10-7:35-10
The Town (13+) Fri-Thu 12:55-3:55-6:45-9:35
Wall Street: L'argent Ne Dort Jamais (G) Fri-Thu 12:50-3:50-6:50-9:50
Wall Street: Money Never Sleeps (G) Fri-Wed 12:15-3:15-7:05-10:05 Thu 3:15-7:05-10:05 Star & Strollers Screening Thu 12:15
You Again (G) Fri-Thu 1:25-4:10-7:9:25

BARRHAVEN

BARRHAVEN CINEMAS
131 Riocan Dr., 613-825-2463

Easy A (14A) Fri 6:30-9:20 Sat-Sun 12:40-3:30-6:30-9:20 Mon-Thu 5:10-7:50
Legend of the Guardians: The Owls of Ga'Hoole 3D (PG) No Passes Fri 7-9:30 No Passes Sat-Sun 1-4:7-9:30 No Passes Mon-Thu 5:20-8
Let Me In (14A) Fri 7:30-10:10 Sat-Sun 1:30-4:30-7:30-10:10 Mon-Thu 6-8:50
The Social Network (14A) No Passes Fri 6:50-9:50 No Passes Sat-Sun 12:50-3:50-6:50-9:50 No Passes Mon-Thu 5:50-8:40 Star & Strollers Screening, No Passes Thu 1
The Town (14A) Fri 7:10-10 Sat-Sun 1:10-4:10-7:10-10 Mon-Thu 5:30-8:30
Wall Street: Money Never Sleeps (PG) Fri 6:40-9:40 Sat-Sun 12:30-3:40-6:40-9:40 Mon-Thu 5-8:10 Star & Strollers Screening Thu 1
You Again (PG) Fri 7:20-10:15 Sat-Sun 1:20-4:20-7:20-10:15 Mon-Thu 5:40-8:20

GLOUCESTER

SILVERCITY
2385 City Park Dr., 613-688-8800

Best Worst Movie & Troll 2 Double Feature (STC) Thu 9
Case 39 (14A) Fri-Wed 12:20-3:25-6:40-9:25 Thu 12:20-3:25-6:20-9:45
Despicable Me 3D (PG) Fri-Thu 11:50-3-6:30
Devil (14A) Fri-Sun 12:40-3:10-7:25-9:40 Mon 12:40-3:10 Tue-Wed 12:40-3:10-7:25-9:40 Thu 12:40-3:10-9:40
Easy A (14A) Fri-Wed 12:10-2:50-7:30-10:05 Thu 12:10-2:50-7:30
Fubar II (18A) Fri-Thu 1:15-4:05-6:35-9:35
Inception (PG) Fri 9:10 Sat 9:05 Sun 9:10 Mon 9:10-9:45 Tue-Thu 9:10
Legend of the Guardians: The Owls of Ga'Hoole 3D (PG) No Passes Fri-Thu 12:30-3:20-6-9
Legend of the Guardians: The Owls of Ga'Hoole: An IMAX 3D Experience (PG) No Passes Fri-Thu 11:30-2-4:30-7-9:30
Let Me In (14A) Fri-Thu 12:25-3:35-6:15-9:15
Les Miserables: 25th Anniversary Live From the O2 (STC) Mon 7
Resident Evil: Afterlife 3D (18A) Fri-Tue 12-2:35-5:10-7:40-10:25 Wed 12-2:35-5:10:25 Thu 12-2:35-10:25
Secretariat (G) Sneak Preview Sat 7
The Social Network (14A) No Passes Fri-Sun 11:45-2:45-6:20-9:20 No Passes Mon 11:45-2:45-6:20-9:20 No Passes Tue-Thu 11:45-2:45-6:20-9:20 No Passes Fri-Tue 1-4-7:20-10:20 No Passes Wed 4-7:20-10:20 No Passes Thu 1-4-7:20-10:20 Star & Strollers Screening, No Passes Wed 1
StreetDance 3D (STC) Fri-Wed 12:45-3:40-6:45-9:50 Thu 12:45-3:40-6:45-10:15
The Town (14A) Fri-Thu 1:10-4:10-7:10-10:10
Wall Street: Money Never Sleeps (PG) Fri-Sat 11:40-12:50-2:40-3:50-6:05-7:15-9:10-10:15 Sun 11:40-12:50-2:40-3:50-7:15-10:15 Mon 11:40-12:50-2:40-3:50-7:15-9:10-10:15 Tue-Thu 11:40-12:50-2:40-3:50-6:05-7:15-9:10-10:15
WWE Hell in a Cell (STC) Sun 8
You Again (PG) Fri 12:15-3:30-6:50-10 Sat 12:15-3:30-10 Sun-Tue 12:15-3:30-6:50-10 Wed 3:30-6:50-10 Thu 12:15-3:30-6:50-10 Star & Strollers Screening Wed 1

ORLEANS

EMPIRE THEATRES ORLEANS 6 CINEMAS
3752 Innes Rd., 613-830-4400

Case 39 (14A) Dolby Stereo Digital Fri-Sun 1:30-4:15-7:15-9:50 Dolby Stereo Digital Mon 4:10-7-9:35 Dolby Stereo Digital Tue 1:30-4:15-7:15-9:50 Dolby Stereo Digital Wed-Thu 4:10-7-9:35
Easy A (14A) Dolby Stereo Digital Fri-Sun 1:40-4:30-6:55-9:15 Dolby Stereo Digital Mon 4:30-7:20-9:50 Dolby Stereo Digital Tue 1:40-4:30-6:55-9:15 Dolby Stereo Digital Wed-Thu 4:30-7:20-9:50
Legend of the Guardians: The Owls of Ga'Hoole (PG) Dolby Stereo Digital Fri-Sun 12:40-3:20 Dolby Stereo Digital Mon 3:35 Dolby Stereo Digital Tue 12:40-3:20 Dolby Stereo Digital Wed-Thu 3:35
Legend of the Guardians: The Owls of Ga'Hoole 3D (PG) Dolby Stereo Digital Fri-Sun 12:30-3:15-6:20-9 Dolby Stereo Digital Mon 3:30-6:20-8:50 Dolby Stereo Digital Tue 12:30-3:15-6:20-9 Dolby Stereo Digital Wed-Thu 3:30-6:20-8:50
Let Me In (14A) Dolby Stereo Digital Fri-Sun 1:15-4:10-7:10-10 Dolby Stereo Digital Mon 4-6:50-9:40 Dolby Stereo Digital Tue 1:15-4:10-7:10-10 Dolby Stereo Digital Wed-Thu 4-6:50-9:40
The Social Network (14A) Dolby Stereo Digital, No Passes Fri-Sun 1-4:7-8-9:45 Dolby Stereo Digital, No Passes Mon 3:45-6:30-8-9:20 Dolby Stereo Digital, No Passes Tue 1-4:7-8-9:45 Dolby Stereo Digital, No Passes Wed-Thu 3:45-6:30-8-9:20
StreetDance 3D (STC) Dolby Stereo Digital Fri-Sun 1:10-4:20-6:50-9:20 Dolby Stereo Digital Mon 4:05-6:35-9 Dolby Stereo Digital Tue 1:10-4:20-6:50-9:20 Dolby Stereo Digital Wed-Thu 4:05-6:35-9
The Town (14A) Dolby Stereo Digital Fri-Sun 12:50-3:40-6:45-9:40 Dolby Stereo Digital Mon 3:50-6:40-9:30 Dolby Stereo Digital Tue 12:50-3:40-6:45-9:40 Dolby Stereo Digital Wed-Thu 3:50-6:40-9:30
Wall Street: Money Never Sleeps (PG) Dolby Stereo Digital Fri-Sun 12:15-3:25-6:30-9:30 Dolby Stereo Digital Mon 3:40-6:45-9:45 Dolby Stereo Digital Tue 12:15-3:25-6:30-9:30 Dolby Stereo Digital Wed-Thu 3:40-6:45-9:45
You Again (PG) Dolby Stereo Fri-Sun 1:20-3:50-6:40-9:10 Dolby Stereo Mon 4:15-6:55-9:25 Dolby Stereo Tue 1:20-3:50-6:40-9:10 Dolby Stereo Wed-Thu 4:15-6:55-9:25

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Alpha and Omega 3-D (PG) Digital, Special Engagement Fri-Sun 10:30-12:45-3:15-5:30 Digital, Special Engagement Mon-Thu 3:15-5:30
The American (14A) Fri-Sun 11:20-1:45-4:20-6:50-9:30 Mon-Thu 4:20-6:50-9:30
Anjaana Anjaani (STC) Special Engagement, Sub-Titled Fri-Sun 11:10-2:25-5:45-9:05 Special Engagement, Sub-Titled Mon-Thu 2:25-5:45-9:05
Case 39 (14A) Special Engagement Fri-Sun 10:55-1:35-4:20-7:10-9:50 Special Engagement Mon-Thu 2:10-4:40-7:10-9:50 Special Engagement Fri-Sun 10:55-1:35-4:20-7:10-9:50 Special Engagement Mon-Thu 2:10-4:40-7:10-9:50
Devil (14A) Fri-Sun 12:15-2:45-5:7:15-9:25 Mon-Wed 2:45-5:7:15-9:25 Thu 2:45-5
Easy A (14A) Fri-Sun 11:20-12:20-1:45-2:45-4:15-5:15-7:05-7:35-9:25-9:55 Mon-Thu 2:45-4:15-5:15-7:05-7:35-9:25-9:55
Inception (PG) Fri-Sun 12:20-3:35-6:45-10:05 Mon-Wed 3:35-6:45-10:05 Thu 3:35
Legend of the Guardians: The Owls of Ga'Hoole (PG) Special Engagement Fri-Sun 11:35-2:15-4:45-7:15-9:45 Mon-Thu 2:15-4:45-7:15-9:45
Legend of the Guardians: The Owls of Ga'Hoole 3D (PG) Digital, Special Engagement Fri-Sun 10:50-1:30-4-6:30-9:15 Digital, Special Engagement Mon-Thu 2:45-5:15-7:45-10:15
Let Me In (14A) Special Engagement Fri-Sun 10:40-1:20-4:10-7:20-10:10 Special Engagement Mon-Thu 2-4:40-7:20-10:10
The Other Guys (14A) Fri-Sun 11:05-1:40-4:35-7:10-9:40 Mon-Wed 4:35-7:10-9:40 Thu 4:35
Resident Evil: Afterlife 3D (18A) Digital, Special Engagement Fri-Thu 7:50-10:20
Salt (PG) Fri-Sun 11:35-4:55-10:20 Mon-Wed 4:55-10:20 Thu 4:55
Scott Pilgrim vs. the World (PG) Fri-Wed 2:05-7:25 Thu 2:05
Secretariat (G) Special Engagement, Sneak Preview Sat 7
The Social Network (14A) Special Engagement Fri-Sun 10:30-11-1:15-2-4:05-4:50-7-7:45-10-10:30 Special Engagement Mon-Thu 2-4:05-4:50-7-7:45-10-10:30
StreetDance 3D (STC) Special Engagement Fri-Sun 11:40-2:10-4:40-7:30-10:05 Special Engagement Mon-Thu 2:10-4:40-7:30-10:05
The Switch (PG) Fri-Sun 11:30-2:05-4:25-6:55 Mon-Thu 2:05-4:25-6:55
The Town (14A) Fri-Sun 10:35-1:25-4:15-7:05-10 Mon-Thu 4:15-7:05-10 Fri-Sun 10:35-11:05-1:25-1:55-4:15-4:45-7:05-7:35-10-10:30 Mon-Thu 2-4:15-4:45-7:05-7:35-10-10:30
The Virginity Hit (18A) Special Engagement Fri-Thu 9:20
Wall Street: Money Never Sleeps (PG) Special Engagement Fri-Sun 10:35-12:30-1:30-3:45-4:30-7-7:30-10-10:30 Mon-Thu 3:45-4:30-7-7:30-10-10:30
You Again (PG) Special Engagement Fri 11:15-11:45-1:50-2:20-4:35-5:05-7:20-7:50-9:55-10:25 Special Engagement Sat 11:15-11:45-1:50-2:20-4:35-5:05-7:50-9:55-10:25 Special Engagement Sun 11:15-11:45-1:50-2:20-4:35-5:05-7:20-7:50-9:55-10:25 Mon-Thu 2:20-4:35-5:05-7:20-7:50-9:55-10:25

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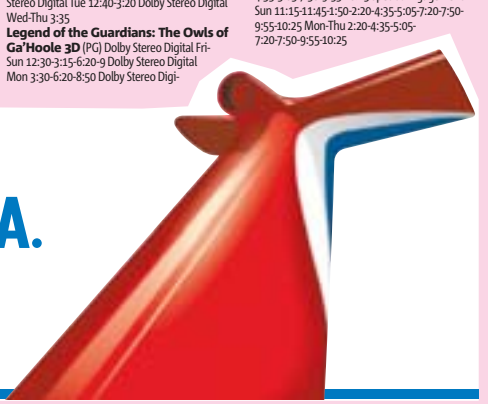


7th heaven

CHRISTOPHER PLUMMER

CASTING
Looks like Canadian actor Christopher Plummer may have a role in the upcoming English-language remake of The Girl with the Dragon Tattoo. According to the Hollywood Reporters, Plummer will be playing Henrik Vanger in the adaptation, which also will feature Rooney Mara and Daniel Craig.

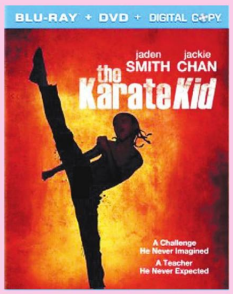
YUMAKI

DESIGN
Let's face it, toothbrushes — while essential — can be pretty ugly. Enter Yumaki. The professional dental care brand has designed some fun, adorable toothbrushes that will not only keep your teeth clean — but put a smile on your face with its stylish design and fun colours. yumaki.com

ME TO WE

FASHION
Free the Children has a great line of clothing that are "friendly" in a number of ways. The clothes aren't manufactured in sweatshops, are made of eco-friendly products, and 50 per cent of proceeds go to the charity. Check out the whole line at metowestyle.com

THE KARATE KID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jaden SMITH jackie CHAN
the Karate Kid
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A Teacher He Never Expected

DVD
It's time to get your wax-on; then wax off. The remake of the Karate Kid, staring Jaden Smith and Jackie Chan, is being released Tuesday. Depending on whether you go DVD or Blu-ray, it may feature extras like an interactive map of China or filming diaries.

SNOOKI

BOOK DEAL
Yo, Snooki is working on a book. Gallery Books announced this week that Nicole "Snooki" Polizzi, the Jersey Shore reality TV star, has a novel called Shore Thing scheduled to come out in January. The publisher said the novel will tell of love on the boardwalk, complete with "big hair, dark tans, and fights galore."
THE CANADIAN PRESS

STAR WARS 3-D

POP CULTURE
It's no secret George Lucas has a tumultuous relationship with Star Wars fans — so why he is giving them another reason to celebrate is anyone's guess. Lucas announced Wednesday he will convert his screen saga into 3-D starting in 2012. May the force be with theatre goers.

Mix of Six

Run

17th annual Ottawa-Gatineau Canadian Breast Cancer Foundation CIBC Run for the Cure
Held at the Canadian War Museum, the run is the largest, single-day, volunteer-led, fundraising event in Canada dedicated to the breast cancer cause. Ottawa-Gatineau hopes to raise $1.6 million, and expects more than 9,000 people and 350 teams to participate. Arrive early to register.
Sunday, 8:15 a.m., LeBreton Flats

Art

All the Little Points
Local artist Cynthia O'Brien brings mysterious spiky creatures and an experimental approach to BLINK Gallery this weekend. All the little points, featuring sculptures created from a mixture of imagination and nature, runs through Sunday.
Friday, 1 to 6 p.m., Saturday and Sunday, 12 to 5 p.m., BLINK Gallery, Major's Hill Park

Community

Friends for Peace Day
The event, which aims to build bridges for peace, planetary care and social justice, features pipers, the Minwaashin Drum Circle, the Big Soul Project Choir, step dancers, slam poetry, African world music, the Sacred Dance Guild, a silent auction and more.
Saturday, 10 a.m. to 4 p.m., Jean Pigott Place at Ottawa City Hall

Family

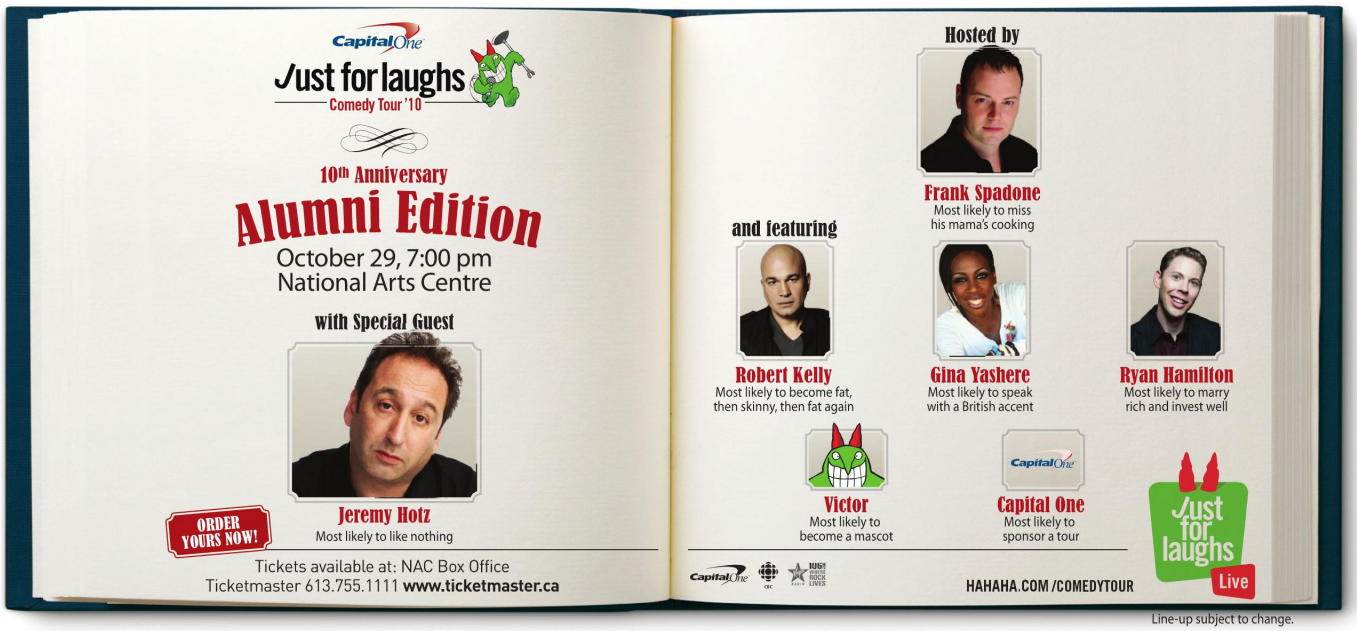
Fall Rhapsody
Visitors to this 231-hectare estate can share William Lyon Mackenzie King's love of horticulture and landscaping while admiring changing colours of fall. Fall Rhapsody runs through Oct. 17.
Starts Saturday, Mackenzie King Estate in Gatineau Park

Treats

Show Us Your Pink
In partnership with the Canadian Breast Cancer Foundation, Baskin Robbins kicks off Show Us Your Pink in Ottawa. Through Nov. 30, show something pink to a Baskin Robbins store employee at one of four Ottawa locations and in exchange, get 31 per cent off any ice cream order served on a waffle cone.
Starts Friday, Baskin Robbins

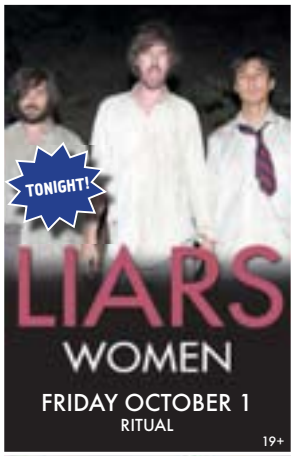
Music

O-Town Hoedown
There's still time to catch the fourth annual O-Town Hoedown. This year's lineup features the Warped 45s, Capital Grass and the No Men, Buzz Deluxe, Tim Hus, Evil Farm Children, Lindsay Ferguson and more. For listings, visit otownhoedown.com.
Friday and Saturday, across Ottawa
METRO



Line-up subject to change.

SPECTRA SONIC PRESENTS



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10/09 - QUEST FOR FIRE @ CAFE DEKCUF • 10/11 - WE CAME AS ROMANS @ MAVERICKS • 10/14 - CREEPSHOW @ MAVERICKS • 10/16 - BRUCE PENINSULA @ MAVERICKS • 10/19 - NASHVILLE PUSSY @ MAVERICKS
10/20 - BISON BC @ CAFE DEKCUF • 10/24 - THE BOOKS, @ CAPTIAL MUSIC HALL • 10/27 - THE WOODEN SKY, YUKON BLONDE @ MAVERICKS • 10/28 - WINTERSLEEP, THE BESNARD LAKES @ CAPITAL MUSIC HALL
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TV Picks

New character-Human Target

ACTION Human Target kicks off its second season with bodyguard Christopher Chance (Mark Valley) trying to rescue a kidnapped Winston.We also meet a new character, a philanthropist (Indira Varma) who fears her life is in danger and quickly becomes close with Chance. (Friday, Fox)

Subway scare on Blue Bloods

DRAMA The danger on Tom Selleck's new family cop drama Blue Bloods is on the subway, where a criminal is terrorizing riders. The perpetrator is being pursued by a man with a police record, forcing the Reagans to debate the merits of vigilantism. (Friday, CBS)

Jane Goodall, meet Charlize

CELEBRITY It's the Season Five premiere of Iconoclasts, the series that pairs two celebrities from different fields for a chat. Airing day-and-date with the U.S., this season opener features actress Charlize Theron and award-winning primatologist Jane Goodall. (Saturday, Sundance Channel)

Breaking Bad star hosts SNL

VARIETY Emmy-winning Breaking Bad star Bryan Cranston hosts Saturday Night Live, while Kanye West is the musical guest. It's Cranston's first time as host on SNL, and in a recent interview on ESPN Radio's Mason & Ireland show, he said he was "excited, and a little scared" about the gig. (Saturday, Global, NBC)

Mad Men mystery meeting

DRAMA Rumours and speculation abound - and no doubt the drinks will, too - on Mad Men after an agency-wide meeting is called. The episode is entitled Chinese Wall, which was a phrase Don's fetching female doctor recently used, so that could be a clue that she's a focal point of tonight's storyline. (Sunday, AMC)

Patient pursuit on Boardwalk

GANGSTERS And over on the critically acclaimed 1920s gangster drama Boardwalk Empire, directed and executive produced by Martin Scorsese, corrupt politician Nucky and some of his pals eye a hospital patient who may be aware of some details surrounding a murders in the woods. (Sunday, HBO Canada) **THE CANADIAN PRESS**

Law & Order gets British makeover

26 episodes of Law & Order: UK made available to U.S. audience

▶ Bradley Walsh, left, and Jamie Bamber, right, portray detectives in Law & Order: UK

Where scripted shows on U.S. networks are concerned, viewers know it's all about them.

They know certain shows have been imported for them and specially tailored for U.S. tastes. British comedies spawned All in the Family and Sanford and Son in the early 1970s. More recently, Ugly Betty was adapted from a Colombian telenovela. And NBC's The Office was a domestic reimagining of the British original.

Meanwhile, it's no surprise that American series are sold around the world, dubbed or subtitled for each local audience.

U.S. viewers can get a dandy look at such a foreign transplant thanks to cable's BBC America, which is bringing 26 episodes of Law & Order: UK back to the land where the Law & Order TV empire was born.

Premiering Sunday at 10:30 p.m. EDT, with subsequent episodes airing Fridays at 9 p.m. EDT, Law & Order: UK is unmistakably kin to the L&O family.

While the classic Mike Post licks have been swapped out for a different theme, each episode begins with the sonorously voiced, "In the criminal justice system ..." rap. (Though here, it's the crown prosecutors who prosecute offenders.) And - never fear - location cards remain part of the format, along with the accompanying cha-CHUNG sound effect.

New York City plays an integral role in Law & Order, but its British offshoot is set in London.

Each episode has been adapted from the original series, seen on NBC from 1990 through last season. The first L&O: UK hour is based on the script for Cradle to Grave where a baby is found dead, possibly the victim of tenant harassment. It first aired on Law & Order in 1992.

The regulars of L&O: UK are solid but likely to be unknowns to most American viewers: Jamie Bamber (Outcasts, Battlestar Galactica) stars as Detective Sergeant Matt Devlin while Bradley Walsh (The Old Curiosity Shop) carried the role of Detective Sergeant Ronnie Brooks.

Not exactly household names, but the cast's makeup and relationships will feel instantly familiar to any L&O fan.

This would include fans in Britain, where (along with dozens of other countries) the imported Law & Order already had been airing when Law & Order: UK premiered last year on the ITV network. That show has since proved a big success, averaging about a one-quarter share of the viewing audience.

"After 'Law & Order' was broadcast there, we made an English version and it turned into a hit, and, lo and behold, it's coming back to the U.S.," said Law & Order creator Dick Wolf. "This is getting pretty close to a perpetual motion machine."

ASSOCIATED PRESS

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Leader of the Dance

So You Think You Can Dance Canada's producer and warm-up host Josh Hellyer keeps fans on their toes

IAN GORMERLY
SCENE@METRONEWS.CA

What exactly does a "warm-up host" do?

It's a pretty big ordeal. I'm the first one on stage and the last one to go.

My job is to pump up the crowd, make everyone feel welcome and as if they're really part of the show. There are so many kids who come to the show who aren't of age to actually audition.

But this is great chance for them to actually dance on the stage of the show. So I'll just ask the audience, "So who here thinks that they can dance?"

There are all these 13-year-old girls who will come up and are so shy. Then the second the music comes on, they're incredible dancers and just the fiercest beings.

That's what my job entails - finding people in the audience who can help lift the spirits of everyone who is there.

How do you choose who you invite onto the stage?

It just depends on the person. Sometimes they can be enthusiastic, but then sometimes it can be just a shy little person standing in the front of our mosh-pit area and I look at them and I'm like, "I feel there's something inside of you."

Do these sorts of things happen throughout the taping?

If we're delayed technically or a commercial break is going really long during the taping I just have to pull out all the stops to make sure everybody's feeling energized.

Is it intimidating having celebrities in the audience?

It's always fun for me to pull them up and make them dance and be ridiculous and have a good time. Ben Mulroney's been to the show and he was the absolute best sport. And Seamus O'Regan from Canada AM, whenever he visits we do a waltz.

▶ Josh Hellyer pumps up the So You Think You Can Dance audience pre-show

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POP GOES THE NORTH

Everyone likes lists. Most lists are designed to keep things organized and on schedule. Others are intended to create debate and discussion. Lists that rank music on some kind of scale of "best-ness" fall firmly into the latter category.

In 2007, CBC arts reporter and music columnist Bob Mercereau created a national debate with his book, The Top 100 Canadian Albums. That list — topped by Neil Young's Harvest — was the result of a survey of 600 DJs, record store people, musicians and music journalists (including me) from across the country.

Now Bob's done it again with The Top 100 Canadian Singles.

"With the first book," he says, "I found that people were thrilled with an all-Canadian look at music. I don't know if it's so much a question of national pride as it is one of fond memories and personal connections to the music. People really reacted to the fact that this was their music, our music.

"I think the reaction to this one will be similar. Plus, this time the stories behind the songs are so fun. I think people will really enjoy reading how Bryan Adams came to write Summer of '69 [I KNEW it!-AC] or the true meaning of A Foot in Cold Water's (Make Me Do) Anything You Want."

I agree wholeheartedly with Bob when he says that Canada has, in general, not done a very good job documenting its music history. "Most pop histories are written with an American or British slant, so [our] stories haven't been repeated as much. I tried to get each musician to dig deep and give us a surprising story that will help you hear the song in a while new light."

Looking though the rankings — I won't spoil anything for you here other than to say Neil Young, The Band nor Anne Murray finished at number one — you'll be amazed at the breadth and scope of our musical heritage. And you'll be surprised at how well (or how poorly) some well-known artists did. Leonard Cohen will feel more vindication over Hallelujah. Not that he needs it, of course.

Sadly, a couple of these songs are unavailable through iTunes or on CD. Can someone please fix that?

The Top 100 Canadian Singles by Bob Mercereau is available now through Goose Lane.

Top 20 Canadian singles

Debate is sure to follow the release of The Top 100 Canadian Singles, a book based on a survey of roughly 800 musicians, music critics and fans. A look at the Top 20:

1. American Woman/No Sugar Tonight, The Guess Who (RCA, 1970)
2. Heart of Gold, Neil Young (Reprise, 1972)
3. "The Weight, The Band (Capitol, 1968)
4. Summer of '69, Bryan Adams (A&M, 1985)
5. Hallelujah, Leonard Cohen (Columbia, 1984)
6. Born to be Wild, Steppenwolf (Dunhill, 1968)
7. If You Could Read My Mind, Gordon Lightfoot (Reprise, 1970)
8. Takin' Care of Business, Bachman-Turner Overdrive (Mercury, 1974)
9. Four Strong Winds, Ian & Sylvia (Vanguard, 1963)
10. Snowbird, Anne Murray (Capitol, 1970)
11. Big Yellow Taxi, Joni Mitchell (Reprise, 1970)
12. Tom Sawyer, Rush (Mercury, 1981)
13. Try, Blue Rodeo (Risque Disque, 1987)
14. New Orleans is Sinking, The Tragically Hip (MCA, 1989)
15. The Wreck of the Edmund Fitzgerald, Gordon Lightfoot (Reprise, 1976)
16. Suzanne, Leonard Cohen (Columbia, 1967)
17. Life is a Highway, Tom Cochrane (Capitol, 1991)
18. These Eyes, The Guess Who (Nimbus 9, 1969)
19. Sundown, Gordon Lightfoot (Reprise, 1974)
20. Underwhelmed, Sloan (murderecords, 1992)

▶ Burton Cummings of The Guess Who. The band's 1970 song American Woman was chosen as the top Canadian single in rock critic Bob Mercereau's new book.

THE CANADIAN PRESS

Emo re-Invented

Album evokes pop-punk glory days of Arizona band Jimmy Eat World

Jimmy Eat World know not to let go of a good thing. Having spent the last couple of albums moving into a modern rock territory after sharing the responsibility of popularizing "emo," the Tempe, Arizona band have gone back to their roots.

For their seventh studio album, Invented, Jimmy Eat World reteamed with the man that helped them make both their 1999 classic, Clarity, and 2001's million-selling Bleed American: producer Mark Trombino.

"We have a really great history with Mark," says singer/guitarist Jim Adkins. "We basically cut our first official record with him. Having that kind of history with him, you don't waste your time explaining where you're coming from with an idea."

The band instantly reclicked with Trombino, and soon he began acting like their de facto fifth member. "It's a plus and also makes things a little bit harder, but Mark will invest himself like he wrote the song with whatever he's working on," Adkins says.

He gets really passionate about it and that's good. We all know we're on the same side, to make a song the best it can be."

Invented isn't about to raise the emo tag back from the dead, but it does evoke the band's pop punk glory days with charged choruses and sweeping arrangements.

Oddly enough though, it was born right when they embarked on a tenth anniversary tour of Clarity.

"We were right in the middle of writing Invented," says Adkins. "The tour idea actually came from fans. Message board kids posting, 'You should do this!' It was fun. It's been a good ten years since we sat down and had that band meeting about the Clarity material, so it was interesting."

GETTY IMAGES

▶ Jim Adkins of Jimmy Eat World.

Photo finish

▶ Tom Adkins says that while writing Invented he chose the photography of Cindy Sherman and Hannah Starkey to inspire him. "Three years ago I started this writing exercise where I was flipping through images of [theirs] and just writing everything I could that came to mind," he explains. "I'd go back to that writing and work on our own music. It just happened that 85 per cent of Invented was spawned from those writing sessions."

CAM LINDSAY
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Thousand Suns shining

Linkin Park marry rap metal to psychedelia in new album Record not just singles, lead singer says

Linkin Park's new album A Thousand Suns is out now.

The day after Linkin Park's latest album was released, its lead singer, Chester Bennington, logged on to iTunes to check some of the reviews. Though the responses weren't all positive, he liked what he read.

"This time around it's like they either love it and it's five-stars across the board or they hate the record so much that ... if they could they would throw it at us," Bennington said. "And I think that's great."

While there's still heavy metal-fused hip-hop on A Thousand Suns, there's also psychedelic, instrumental moments that are a departure for the Los Angeles-based rap-rockers.

Mike Shinoda says Suns is an album that "asks a lot of attention from people."

"It's more of a 48-minute experience than it is just a collection of singles," said Shinoda, the group's lead lyricist. "We really tried to make an album that took you out of your head a little bit ... and we wanted to take people on this journey," Bennington added. "It's a musical drug type of thing."

Talking politics

- One main artistic departure for the band on Suns is the use of political speeches. There are interludes that take from an interview with physicist J. Robert Oppenheimer regarding the Manhattan Project and another from Dr. Martin Luther King Jr.'s 1967 anti-war speech "Beyond Vietnam: A Time for Breaking Silence."

The new sound wasn't intentional for the guys. They say while creating 2007's Minutes to Midnight, they decided to head in a direction different from their first two albums: The 2003 multiplatinum effort Meteora and their 10 million-selling debut, 2000's Hybrid Theory.

But before creating Suns, the six-member band got busy working on music for their video game Linkin Park Revenge, an app for iPhones. Rick Rubin, who co-produced the new album and also Minutes to Midnight, says making music for the game was the "initial thrust" for the band's latest sound.

"It was interesting the way it came about because originally they didn't know that they were starting the album ... and it just like kind of took on a life of its own," Rubin said. "Then we talked about well maybe (if) this is the music that you're passionate about making, maybe this is where it's supposed to go."

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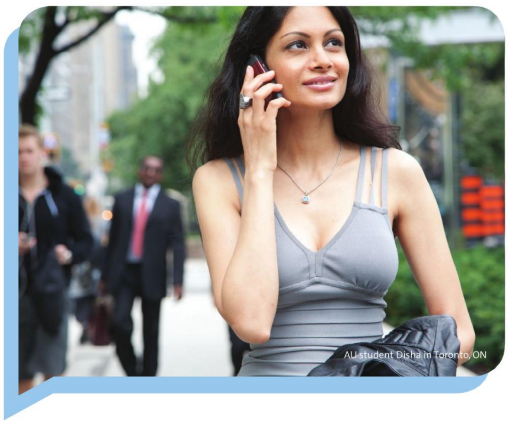

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Richie famous in own right

A second book, a fashion and accessory line and a recurring role on NBC's Chuck for hip young mom

Nicole Richie first became a tabloid regular when she co-starred with childhood pal Paris Hilton in the reality show The Simple Life.

Several years later, the 29-year-old is still a paparazzi target, but she has broadened her resume.

The daughter of singer Lionel Richie has transformed her image from red carpet regular and party girl to a hip, young mom (she has two children with musician Joel Madden of the band Good Charlotte), fashion designer, occasional actress and author.

Her new book, Priceless, is now in stores.

"I wanted to write a story about the journey of a girl's life and about the steps that she takes."
NICOLE RICHIE

It's about a wealthy young woman named Charlotte whose stockbroker father is busted for embezzling millions from his clients. Charlotte ends up escaping the barrage of media attention surrounding the scandal in New York City and relocating to New Orleans where she builds a life for herself.

"I don't think anyone is just a one-dimensional person. There are a few different people inside of every person," Richie said in an interview with The Associated Press to promote the book.

This isn't Richie's first foray into writing. Her first novel, "The Truth About Diamonds," was about a girl who is the adopted daughter of a famous male singer and part of Hollywood's in-crowd. Richie denies reports the book, a New York Times bestseller, was "semi-autobiographical," saying her writing is influenced by personal experience, but the book wasn't about her own life.

DAN STEINBERG/THE ASSOCIATED PRESS

▶ In this Sept. 25, 2010 file photo, TV personality Nicole Richie arrives at the LACMA Resnick Exhibition Pavilion grand opening gala in Los Angeles.

For "Priceless," Richie wanted to take a different direction.

"I wanted to write a story about the journey of a girl's life and about the steps that she takes to find her place her in the world and find her own voice."

Richie also has capitalized on her status as a fashion "it girl" with an accessories line, House of Harlow 1960, and a clothing line called Winter Kate. She serves as creative director for both.

Richie calls the acceptance by the fashion industry a blessing. "It's very exciting. I'm learning a lot, I'm learning as I go."

She will also return to NBC's "Chuck" next month where she has a recurring role as Heather Chandler, a former high school mean girl-turned-spy with a talent for kung fu.
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Legend dead at 85

Tony Curtis dies of cardiac arrest in his Nevada home

Tony Curtis shaped himself from a 1950s movie heart throb into a respected actor, showing a determined streak that served him well in such films as Sweet Smell of Success, The Defiant Ones and Some Like It Hot.

The Oscar-nominated actor died at age 85 Wednesday evening of cardiac arrest at his home in the Las Vegas-area city of Henderson, Clark County Coroner Mike Murphy said Thursday.

His first wife was actress Janet Leigh of Psycho fame; actress Jamie Lee Curtis is their daughter.

"My father leaves behind a legacy of great performances in movies and in his paintings and assemblages," Jamie Lee Curtis said in a statement Thursday. "He leaves behind children and their families who loved him and respected him and a wife and in-laws who were devoted to him. He also leaves behind fans all over the world."

Curtis struggled against drug and alcohol abuse as starring roles became fewer, but then bounced back in film and television as a character actor.

His brash optimism returned, and he allowed his once-shiny black hair to turn silver.

Again he came back after even those opportunities began to wane, reinventing himself as a writer and painter whose canvasses sold for as much as $20,000.

"I'm not ready to settle down like an elderly Jewish gentleman, sitting on a bench and leaning on a cane," he said at 60. "I've got a helluva lot of living to do."

THE ASSOCIATED PRESS

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▶ Tony Curtis and Marilyn Monroe in the hilarious milestone comedy, Some Like It Hot, produced, directed and co-scripted by Billy Wilder, United Artists, in this 1959 file photo. Curtis has died at 85 according to the Clark County, Nev. coroner.

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▶ Ryan Reynold's new flick, Buried, opens in select theatres Friday.

Actor digs deep

The low-budget indie is a departure for Reynolds, who recently starred in The Proposal and X-Men Origins

When Ryan Reynolds was sent the script for the claustrophobic thriller Buried, his first instinct was to say no.

``Only because it (seemed) impossible,'' Reynolds said in an interview at the Toronto International Film Festival earlier this month.

``It was just this fantastic piece of writing and it was impossible to accomplish in a film — there's no way you could shoot it.''

The script consisted of a single character on screen for 90 minutes, with the action all taking place inside a wooden coffin. Bit by bit, pieces of a flawed hero's life are revealed as he uses a cellphone, lighter, pencil and flashlight to plot his escape.

The story centres on the plight of Paul Conroy.

"He's a truck driver working on a U.S. government contract in Iraq and is abducted when his convoy comes under attack.

Reynolds saw the movie's potential after talking to Spanish director Rodrigo Cortes.

``Rodrigo saw this technical challenge as something that he could ... not only overcome, he could invent moments and invent ways to shoot this film,'' said Reynolds.

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▶ In this Nov. 13, 1944, file photo Bing Crosby, left, and Frank Sinatra, right, as they discuss upcoming appearances on each others' radio shows. Some of Bing Crosby's shows are lost.

Recordings at risk, study

New digital recordings of events in U.S. history and early radio shows are at risk of being lost much faster than older ones on tape and many are already gone, according to a study on sound released Wednesday.

Even recent history — such as recordings from 9/11 or the 2008 election — is at risk because digital sound files can be corrupted, and widely used CD-R discs only last three to five years before files start to fade, said study co-author Sam Brylawski.

"I think we're assuming that if it's on the Web it's going to be there forever," he said. "That's one of the biggest challenges."

The first comprehensive study of the preservation of sound recordings in the U.S., released by the Library of Congress, also found many historical recordings already have been lost or can't be accessed by the public. That includes most of radio's first decade from 1925 to 1935.

Shows by musicians Duke Ellington and Bing Crosby, as well as the earliest sports broadcasts, are already gone. There was little financial incentive for such broadcasters as CBS to save early sound files, Brylawski said.

Digital files are a blessing and a curse. Sounds can be easily recorded and transferred and the files require less and less space. But the problem, Brylawski said, is they must be constantly maintained and backed up by audio experts as technology changes. That requires active preservation, rather than simply placing files on a shelf, he said. The study co-authored by Rob Bamberger was mandated by Congress in a 2000 preservation law.

Those old analog formats that remain are more physically stable and can survive much longer than contemporary digital recordings, the study warns.

Still, the rapid change in technology to play back the recordings can make them obsolete.

Recordings saved by historical societies and family oral histories also are at risk, Brylawski said.

"Those audio cassettes are just time bombs," Brylawski said. "They're just not going to be playable."

The study recommends several solutions and its findings will be followed by a National Recording Preservation Plan being developed by the Library of Congress later this year.

New training and college degree programs for audio archivists are essential to improve preservation, the study found. Currently, no universities offer degrees in audio preservation, though several offer related courses.

The study also calls for legal reforms to enable more preservation. A hodgepodge of 20th century state anti-piracy laws has kept most sound files out of the public domain before U.S. copyright law was extended to sound recordings in 1972. The study found only 14 per cent of commercially released recordings are available from rights holders. THE ASSOCIATED PRESS

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Broken Bells born out of a secret

Brian Burton and James Mercer join forces and find a unique voice that's moody, melancholy Currently on second-leg of American tour

JEFF CHRISTENSEN/THE ASSOCIATED PRESS

▶ Brian Burton (left) and James Mercer shared the writing responsibility equally for their self-titled debut album Broken Bells.

Brian Burton and James Mercer worked in secret for almost a year as they developed tunes for a group that would become the Broken Bells. That approach was probably for the best.

When word got out that Burton — the eclectic producer whose credits include being one-half of Gnarls Barkley and this year's long-awaited Dark Night of the Soul with Sparklehorse — and Mercer, the Shins' leader, were working together, plenty of expectations arose, most of them wrong.

"I think some people thought it would be a Shins record produced by Danger Mouse," says Mercer, referring to Burton's producer nickname. "Or that I would be bringing beats," interjects Burton.

Or that it would be a side project for Burton, known for his unique collaborations including The Good, the Bad & the Queen that included the Gorillaz's Damon Albarn and the Clash's Paul Simonon.

What emerged was a self-titled debut album with a sound they call "sci-fi space-pop" and a group they insist is more than a one-off partnership.

"We just want to make sure that people understand that this is a band and this is what we are focusing on," says Mercer, whose Shins haven't released an album in three years.

"Sometimes we wish we were two guys nobody had ever heard of and this was our first band, because it would help us when people talk about it to not talk about everything else that we've done," Burton says.

The duo put out their album — which has cemented their musical partnership — earlier this year and recently launched the second leg of their American tour.

Although they were admirers of each other's work, the pair weren't exactly friends when they started working on the album at Burton's home. Instead, they were more interested in forging a new sound together.

"We wanted to make this beautiful, sad, kind of dark record because that's where we really crossed over in a lot of ways, but in a real psychedelic, catchy way," says Burton.

The band went lo-fi, using older technology to achieve a gritty retro-effect and they found that they meshed both sonically and emotionally.

"I'd fly down there and stay at Brian's house (in Los Angeles), in his guest room, and then we'd wake up and have breakfast and go into the studio and work all day," said the Portland, Ore.-based Mercer.

They'd spend all day talking, too: "I think those conversations about your life, your world view, end up informing the lyrics," Mercer said.

The tone of the songs — moody and melancholic, and a bit depressing — represented the creative vision of both men.

"It's very different for me because we just share the writing responsibility, we work together," he said.

"Either one of us always had veto power over any note, any lyric," added Burton.

The pair believes it's unlike any music they've done before, which was their goal: to create a sound unique to the Broken Bells.

"When we were done, this is the record that we wanted to make," says Burton. "This is the most comfortable I have ever been with an album after I've finished with it."

THE ASSOCIATED PRESS

Broken Bells

The tone of the songs is moody, melancholy and a bit depressing.

- **The album** is not as soulful as Gnarls Barkley's Crazy but it has more groove than anything from the Shins.
- **The music is** rock-tinged with trippy vibe, and veers from a driving pace to a downbeat morose tone.
- **Mercer and Burton's** goal was to create music like they've never done before.

Hilton's boy charged with hit and run

GETTY IMAGES

▶ Paris Hilton and her boyfriend Cy Waits.

Paris alleges couple were attacked by photogs while leaving

Paris Hilton and boyfriend Cy Waits had another rough night behind the wheel when Waits' allegedly ran over a photographer's foot while his car was swarmed by paparazzi, according to Radar Online.

Video of the incident shows the woman limping away as Waits asks if she is OK.

After other paparazzi told him she is fine and that he should leave, Waits took off, with the photographers shouting, "Hit and run!" after him.

Waits was later detained by police and released with a citation.

According to Hilton's twitter stream, they were attacked by photographers while trying to leave the place.

"Lovely evening with friends and family ruined by aggressive paparazzi," she tweeted out after the accident. "They are literally insane!"

Another report said Hilton's car knocked over the female photographer before they left the scene.

The photographer then called 911 herself, and was taken to hospital.

Waits later returned to the scene of the accident to meet with the local police, who charged him with a hit and run.

Last month, he and Hilton were arrested in Las Vegas for driving under the influence and cocaine possession, respectively.

METRO

Talking points

Michael Douglas 'doing well'

HOW BORING IS THAT? WE NEED SCANDAL Catherine Zeta-Jones says husband Michael Douglas' cancer treatment is nearly done and he's "doing well," according to People magazine.

"He is holding up with strength and dignity. He is about to finish his treatment and the doctors could not be happier," she says.

The actress was in her native Wales this week for a star-studded golf event hosted by Prince Charles.

"This has been on her calendar for months, and Michael insisted she go," a source says.

"They are both golf lovers. This is important to Catherine and to Wales, so she made it a quick trip to be a part of the important night, and get right home."

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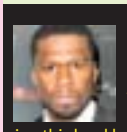
Celebrity tweets

Sean Combs [@iamdiddy] Dear Sleep, sorry we haven't seen each other in a while...I've been busy.

Eva Longoria [@EvaLongoria] Do you want to play poker with me on Saturday night?

Kirstie Alley [@kirstiealley] I think I am going to bring rooty toot toot back into the modern family vocabulary...right along with GEE and SWELL...and YA BIG PALOOKA



50 Cent [@50cent] I think I'm the only one working this hard lol but I love what I do. It makes me happy.

Mistress shops Woods' sex tape

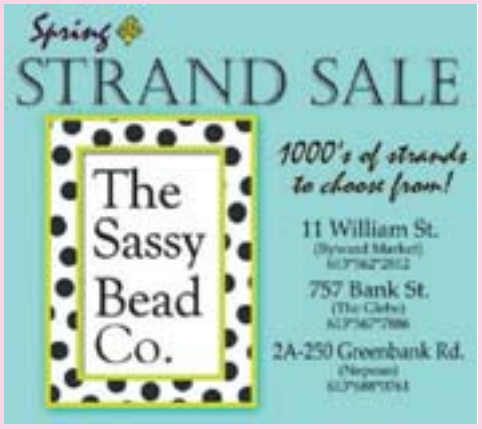
Devon James, one of Tiger Woods' mistresses, claims she has a sex tape featuring herself and the golf pro — and she's looking for buyers, according to Radar Online.

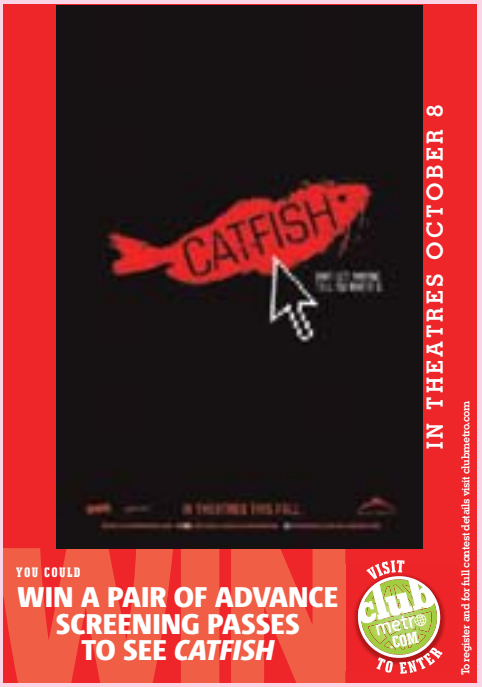
"The tape is 62 minutes long, and 37 minutes of it is us having sex," she tells the Web site. "We are flying to Los Angeles to meet with Vivid about selling the tape. If Vivid won't pay enough, we're going to self-release the tape. It's going to be the bomb."

James is reportedly hoping to get at least $350,000 for the tape. METRO

GETTY IMAGES

▶Tiger Woods

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▶ Bestselling kids' food and nutrition author Karmel Cordon Bleu Chef Annabel Karmel poses for a portrait while promoting her new book Starting Solids.

Preparing meals for the most finicky of us

Kids' nutrition author Annabel Karmel dishes goods on weaning babies

Bestselling British children's food and nutrition author Annabel Karmel is well aware of the challenges faced by frustrated parents of kids who are difficult eaters — it's been part of her own experience as a mother.

Karmel said her son, Nicholas, was a very fussy eater. The little one wouldn't eat jarred foods, nor would he touch the bland purées Karmel whipped up from recipes she found in books.

Coping with a child unwilling to eat is stressful enough. But experiencing the heartbreaking loss of her first child only served to fuel Karmel's concerns.

Her daughter, Natasha, died at 13 weeks from a viral infection.

"I suppose I felt this vulnerability having lost a child with this child who wouldn't eat," Karmel said.

Karmel tapped into the passion for cooking and started trying out recipes for Nicholas to eat, putting together things he liked — like apple — with things he hated — chicken.

"I suppose I felt this vulnerability having lost a child with this child who wouldn't eat."
ANNABEL KARMEL

She started to give out recipes to other mothers in the playgroup she ran who also were having difficulties with their kids, and said her fellow moms encouraged her to write a book. Karmel saw doing so as a way to honour the legacy of Natasha.

Since the success of her first book, The Complete Baby and Toddler Meal Planner published in 1991, Karmel now has more than 20 to her name. She has been made a Member of the British Empire by the Queen for her work in the area of children's nutrition.

Getting it right

- The book offers passages and photos addressing common questions and concerns about weaning, accompanied by food suggestions and recipes for children transitioning from purées to finger foods.
- The Cordon Bleu-trained chef, and mother to Nicholas, now 22, Lara, 20 and Scarlett, 18, said she wanted to focus on the first year of a child's life which she describes as the "most important year to be able to get it right."

The perfect meals for the very young

This is from Annabel Karmel's latest book, Starting Solids, which is a guide to weaning babies.

Any root vegetables will work beautifully in this recipe. They purée to a smooth consistency and have a mild flavour that babies love. This recipe provides beta-carotene, vitamins C and E and fibre. Suitable from 17 weeks.

First tastes: Trio of Root Vegetables

Preparation:

1. Place vegetables in a steamer set over boiling water. Cover and steam for 20 minutes until soft.
2. Alternatively, you can boil the vegetables. Place them in a saucepan and cover with boiling water. Bring back to a boil, cover, reduce heat and cook for 18 to 20 minutes until tender.
3. Purée until smooth in a food processor or place in a bowl and use a hand blender, adding a little water from the steamer or some of your baby's usual milk to get the right consistency.
4. Freeze in individual portions. Thaw overnight in the refrigerator or for 1 to 2 hours at room temperature. Microwave or reheat in a pan until piping hot. Stir and let cool before serving. THE CANADIAN PRESS

Ingredients :
- 1 large carrot, peeled and diced
- 1 small sweet potato, about 250 g (8 oz), peeled and diced
- 1 small parsnip, peeled and diced
- A little breast milk or formula (optional)

Thumbs down to multi-vits

In 1997, 35,329 women without cancer were enrolled in a Swedish study. They filled out a questionnaire that included information about whether or not they took multivitamins.

During almost 10 years of follow-up, 974 women developed breast cancer.

It turned out that multivitamin use was associated with a statistically significant increased risk of breast cancer.

"The thing about multivitamins is that women use them as a substitute for eating well," says Dr. Janice Wright. "I would rather you eat veggies," she says. CELIA MILNE

Thumbs up to fish oil: U.S. study

A similar study of 35,016 women conducted in Washington state found that women who take fish oil supplements have a lower risk of developing the most common type of breast cancer.

All participants were aged 50 to 76 and were healthy at the start of the study. They filled out questionnaires about their use of supplements.

After six years of follow-up, 880 women developed breast cancer. The risk of developing breast cancer turned out to be 32 per cent lower in women taking fish oil.

Omega-3 fatty acids DHA and EPA are known to reduce inflammation, and there is increasing evidence that cancer is related to inflammation.

Authors suggest that the best way to consume omega-3 fatty acids is by eating fish, rather than through supplements.
CELIA MILNE

ISTOCK.COM

According to the Canadian Cancer Society, the five-year survival rate for women with breast cancer is quite high, at 87 per cent.

New breast cancer breakthroughs

Leading experts say change is within our grasp Healthy lifestyle can be more powerful for recovery than chemo, radiation: Research shows

CELIA MILNE
@METRONEWS.CA

"There's a revolution in cancer care," says Dr. Janice Wright, director of clinical services at Vancouver's InspireHealth — a cancer care centre that integrates research-based natural approaches with conventional cancer treatment such as chemo and radiation.

Evidence shows that a healthy lifestyle is a powerful force in a positive breast cancer recovery.

Wright explains that most people think all the cells inside a tumour are tumour cells, yet new research reveals that up to 50 per cent of cells inside breast tumours are normal immune cells. These cells, called macrophages, either help the tumour grow or help the body fight cancer.

"We want do to everything we can to turn those macrophages on in a healthy way," she says.

It is possible by our own behaviour to help move these cells into an anti-cancer role by following basic health behaviour: Eating a diet high in omega-3s and low in bad fats and refined sugar; exercising regularly; reducing stress; cutting down on caffeine; cooking with turmeric; drinking green tea once a day; and limiting alcohol intake.

Therapies such as exercise, yoga, proper diet and group discussion used to be considered complementary. "Now we're seeing patients living longer [as a result]," says Wright.

New research shows that the environment in which cancer cells grow has a greater impact on outcome or prognosis than chemotherapy or cancer cells themselves.

"The message is, there are many things you can do to support your immune system," says Wright.

The Statistics

There are many studies on integrated care in breast cancer and InspireHealth is capturing them. Go to.inspirehealth.ca/research/database.

- **Approximately 23, 200** Canadian women will be diagnosed with breast cancer in 2010.
- **About 5, 300 women** will die from the disease this year.
- **Breast cancer** has become more of a chronic disease than a killer.

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When Melissa Ethridge, two-time Grammy winner and multi-platinum recording artist, was diagnosed with breast cancer in 2004, her world crashed to a halt But she battled the disease with her trademark strength, courage and conviction and today, cancer-free, lives every moment to the fullest

Metro exclusive

▶ Melissa Etheridge, Grammy winner and breastcancer survivor

MELISSA ETHERIDGE

'HAVING BREAST CANCER HAS TAUGHT ME NOT TO BE AFRAID OF ANYTHING'

Do you feel that your cancer is part of the past, or does it still affect you? It doesn't affect me physically anymore, but it affects the way I live my whole life today. The choices I make, the food I eat — everything is influenced by my breast cancer.

Did you ever worry that it would be the end of your career? No. I had already been through coming out as gay, and it didn't ruin my career. I just felt that I should keep doing my thing.

On the positive side, has breast cancer given you any creative impulses? Everything I've ever done since being diagnosed with breast cancer has been influenced by it! You face the fear of your own mortality. When I was diagnosed, I started thinking more spiritually and emotionally, both in my personal life and as an artist. Having breast cancer has taught me not to be afraid of anything.

Women with breast cancer often get depressed about losing their hair, but you famously performed bald while undergoing chemotherapy. What made you do it? When I got the call saying I'd be performing at the Grammys, I thought to myself 'wait a minute, I'm bald!' I called some friends, and they all encouraged me to do it. I had thought it would feel a bit strange, but it didn't.

You've said you used and still use medical marijuana. How does it help you? The first step after you're diagnosed is that the doctors give you steroids, but that makes you constipated, so they give you another drug for that, but that drug has side effects, too. In the end, you're on five-six drugs and still feel miserable. I thought, there's this plant that gives no side effects except making you hungry, which is good. It makes you happy, too. Medical marijuana made a huge difference for me. I still use it for stress. Stress gives me heartburn and acid in my throat, which-means I couldn't perform unless I used medical marijuana.

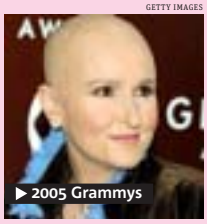
What don't men understand about breast cancer? How it affects your self-image and the fears about how the disease will affect you as a woman. I've never been romantically involved with a man, but I must say the men around me were very understanding.

Did you tell your kids you had cancer? Yes, I was able to tell them about every step, including the operations and the chemotherapy. My experience is that if you tell children the facts without fear they deal very well with it.

METRO WORLD NEWS

A survivor

GETTY IMAGES



▶ 2005 Grammys

Six years ago, Melissa Etheridge was diagnosed with breast cancer.

- 49 years old; born in Leavenworth, Kansas. Sings and plays guitar, piano, harmonica and mandolin.
- Breakthrough with 1993 album Yes I Am.
- Nominated for Grammy Award 15 times and won twice. Has also won an Academy Award.
- Recently split from partner Tammy Lynn Michaels.

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STORIES OF COURAGE

Breast cancer has many faces • These are just four • Treatment takes a toll • But life often becomes richer

Kathy Howa

"The worst part is losing your hair."

"My mother and sister got cancer at 42, so I made sure to go for regular mammograms. Sure enough, when I was 42 the doctors discovered a lump in my breast.

I told the doctors they could take my breasts if they needed to, but in the end they only needed to remove the lumps. Still, I needed surgery, chemotherapy and radiation. Inevitably, I lost my hair.

When you're diagnosed with breast cancer, you go through a depression, but the worst part was losing my hair.

When I looked at myself in the mirror, I looked sick. I used to have really long hair, past my butt. When I lost it, I tried to wear a wig, but it was so itchy that I stopped.

If you go for regular mammograms you can detect the cancer early and have very good chances of recovering. Listen to all the options the doctors give you, but don't be scared.

The only thing you should be scared of is not having a mammogram."

"Breast cancer is almost harder on your friends and family than it is on yourself."
KATHY HOWA

Jamie Currier

"My husband found a lump."

"One day last year, my husband and I were watching TV and saw a news program about self-examinations. My husband asked if he could do one on me, which I thought was amusing, especially since I was only 29. But he did, and he found a lump.

I had a bilateral mastectomy. It was an incredibly difficult decision because I liked my breasts and didn't want to let them go. Before the operation, I arranged for a professional photographer to come and take photos of me so I'd be able to remember what I looked like before the cancer. I'm proud of myself that I had the courage to do that.

I thought having breast cancer would be easier than it turned out. The physical part was about what I expected, but the psychological part was harder.

People expect you to behave a certain way. Some expected me to cry all the time, while others thought I was too sad. My husband was incredibly supportive, but we had our struggles.

Fortunately he agreed to go to therapy with me. Today, the tumour is gone and doctors tell me it only has a small chance of returning. I feel like a survivor."

▶ Kathy Howa

▶ Jamie Currier

▶ Angela Chester

▶ Allison Briggs

Angela Chester

"I mourn the loss of my breasts."

"One day while taking a shower, I felt something in my breast that wasn't supposed to be there. When I went to the doctor, he told me I had cancer. In a way, it was a relief that the knot was something — it wasn't just me being crazy.

I had chemotherapy, radiation and breast-reduction surgery. The doctors had to remove the tumour in my right breast, but they had to reduce my left breast, too, so it wouldn't look strange. I went from being a DD-cup to being a B-cup. I'm happy to be alive, but I do mourn the loss of my breasts. It's my skin and tissue, but this isn't the way God made them.

My surgery was in November last year. People sobbed as if I'd died. I think it made them think about their own mortality. My husband kept telling me 'We're in this together. I won't leave you.' Many breast cancer patients worry about their husbands leaving them. Having breast cancer has changed my world. I've learned just to look two to three days ahead. And I've learned not to worry about things I can't change. These days I don't get angry when I'm stuck in traffic."

Allison Briggs

"You're not alone."

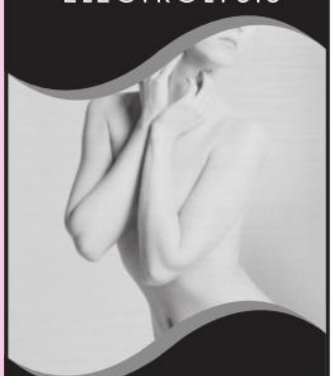
"I found a lump and went to the doctor. The doctor told me it was probably cancer, but I delayed getting a biopsy. This was five years ago. I was only 25 and it didn't make sense to me that I'd have cancer. Then I discovered another lump. I had chemotherapy, and the doctors advised me to have both of my breasts removed.

That was a really, really, really hard decision for me. For the first year I wasn't too upset, but when I started dating again it became much harder. Fortunately, when I met my boyfriend, who's now my fiancé, he said 'Ali, it's not a big deal.' Having lost my breasts still affects me, but now I've accepted that it's part of who I am.

When I got cancer my sister, who was living with her boyfriend, simply got on a plane and moved in with me. She took care of me, cooked for me and took me for walks. More importantly, she came with me to every medical appointment and spoke on my behalf when I was too emotional to talk.

As a young breast cancer patient you feel alone, because you feel that your peers don't relate to you. But you're not alone. One thing I want to tell people is that early detection is a matter of life and death."
METRO WORLD NEWS

CARESS ELECTROLYSIS



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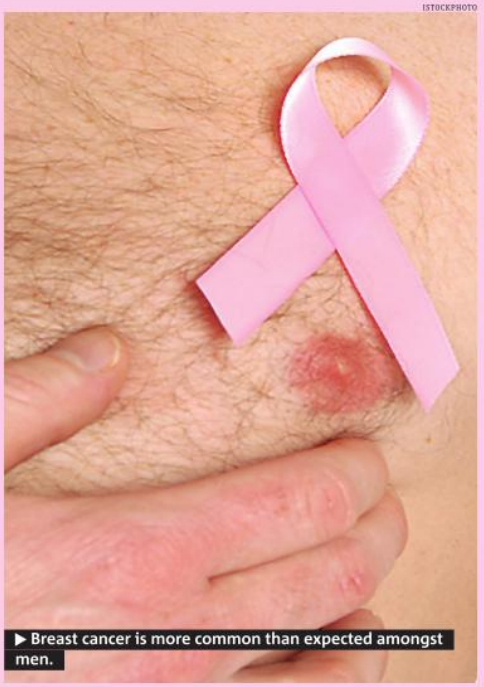
Breast cancer hits men too

Many men don't know the symptoms • Male breast cancer is less common, but survival rates are lower

ISTOCKPHOTO



▶ Breast cancer is more common than expected amongst men.

One day last year, Michael Johnston discovered a lump under his skin. He promptly went to the doctor, who told Johnson he had breast cancer.

"My wife and my daughter asked why I didn't get testicular cancer like other men," recalls Johnston, 55. "I said 'would you rather have me without breasts or without balls?'"

Johnston is an unusual case: Women get breast cancer 100 times more often than men.

"Many men don't realize they can get breast cancer, so they ignore the lump in their chest," explains Dr. Sharon Giordano, a Professor of Medicine at the University of Texas MD Anderson Cancer Center. "When they finally go to see the doctor, the tumour has spread."

Six years ago, Giordano conducted the world's largest study on male breast cancer.

Men with a family history of breast cancer run a higher risk of getting the disease as do men who've been exposed to radiation.

"A lot of men are uncomfortable talking about breast cancer diagnosis because it's seen as a women's disease. It doesn't help that breast cancer clinics are pink and the rooms are named after flowers."
DR. BETH OVERMOYER

"Men have breast tissue similar to women's", explains Dr. Beth Overmoyer, Johnston's physician at the Dana-Farber Cancer Institute in Boston. "Usually they can feel the tumour."

It may be a lump under the nipple, a sore on the chest, or liquid leaking from the nipple.

If the tumor is diagnosed before it has spread, treatment methods used for women — radiation, mastectomy, chemotherapy, and hormone treatment — are very effective.

Now, a year after receiving his diagnosis, Michael Johnston has fully recovered.

"I've never looked at my disease and thought 'Breast cancer, how embarrassing'," he says. "But I can empathize with what women go through. I didn't have to face the emotional burden of losing my breasts."

METRO WORLD NEWS

Male vs. cancer

- The ratio of men dying from breast cancer is higher than the ratio among women, but that's because men usually get the disease later in life.
- The vast majority of male breast cancer patients are between 60 and 70 years old.

▶ Michael Johnston (right) survived male breast cancer.

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The children's stories

- What happens when your mom is diagnosed with breast cancer?
- Three daughters tell us about love, hope and the meaning of family

CANCER BROUGHT US CLOSER

CORINNE WELDON

WAS SEVEN WHEN HER MOTHER WAS DIAGNOSED WITH BREAST CANCER.

"When I was first told, I was too young and had no idea what breast cancer was. I noticed small things like my mom was always resting and I was given colouring books about breast cancer. The first time I felt scared was when I went to see her at the hospital and she didn't look good. Now I look back on that time, and see how much it affected me. Mom has been clear for six years now. We were all here for each other, and that counts."

I GREW UP MORE QUICKLY

JENNA JACKSON

WAS 18 WHEN HER MOTHER WAS DIAGNOSED WITH STAGE-TWO BREAST CANCER.

"I was at college when my mom was diagnosed with breast cancer. She was booked for a mastectomy right after my exams. It was so hard seeing her lose her hair and turn into a different person. You start asking yourself questions like, 'Am I going to lose my mom?' I grew up more quickly. When you're 18 and in college, you think your mom will always be there. Now, as a family, we value every day of our lives."

LIVE EVERY DAY TO THE MAXIMUM

CHLOE KANGALEE

SEVEN WHEN HER MOM WAS FIRST DIAGNOSED WITH BREAST CANCER.

"My worst memories are of her being sick, putting on weight and losing all the hair on her body but she put so much energy into staying positive and fighting back. Ten years later, she was diagnosed for the second time. It was almost like she had been defeated. My mom and I are best friends. Growing up seeing your mom so sick makes you realise just how fragile life is. You have to live each day as much as you can."

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Advantages of hormone blockers

New study suggests they can shrink breast cancer tumours

ISTOCK

This new approach to treating breast cancer could affect the care of tens of thousands of women whose tumour growth is fuelled by estrogen.

Taking hormone-blocking pills for a few months before breast cancer surgery can shrink tumours and allow many women to have just the lump removed instead of the whole breast, a new study suggests.

This approach is tried now in Europe, and the study was the first large test in the United States.

It won't change practice right away; a second study is starting to try to repeat the results and identify which drugs work best.

Ultimately, this new approach could affect the care of tens of thousands of women with large tumours whose growth is fuelled by estrogen.

Of the more than more than 200,000 breast cancers diagnosed each year in the U.S., about 70 per cent have their growth fuelled by the hormone estrogen.

It might give them not just a gentler surgery option, but also may let many of them skip chemotherapy.

Before being treated with the hormone blockers, most of the women in the study faced likely mastectomies because their tumours were too large for less drastic surgery.

"Half of them wound up having successful breast-conserving therapy," says Dr. John Olson, breast cancer surgery chief at Duke University who led the study.

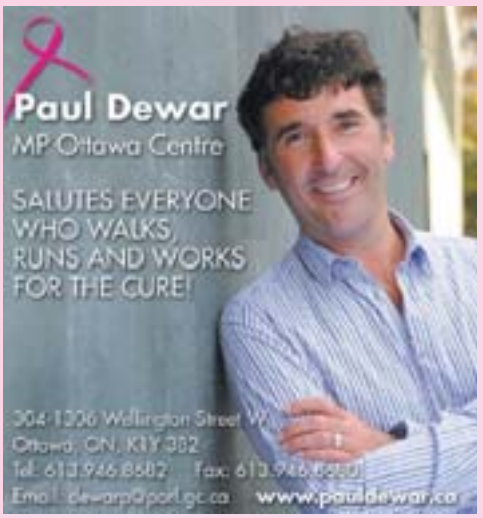
The study involved 374 women whose tumours were especially sensitive to estrogen. Chemotherapy is less effective in such women, so doctors wanted to see whether hormone-blocking drugs would allow these women to be treated without removing their breasts.

Tamoxifen used to be the gold standard hormone blocker, but newer drugs called aromatase inhibitors do the job with fewer side-effects.

The women were randomly assigned to get one of three such medicines: After four months, 71 per cent on Femara, 67 per cent on Arimidex and 61 per cent on Aromasin had tumours shrink by half or more. Half of the women who were originally told they needed mastectomies were able to have lump-only surgery, as were about 82 per cent of those who were thought to be marginal candidates for the less severe operation.

Only 23 women saw their tumours grow 25 per cent or more in the four months that surgery was delayed.

THE ASSOCIATED PRESS



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"I am convinced that being at the place that we are right now has allowed us to see some things and do some things and make some changes that will take us where we need to go."
MIKE SINGLETARY, COACH OF THE 0-3 SAN FRANCISCO 49ERS

Woods will go third at Ryder Cup

U.S. captain Corey Pavin called on one of his strongest teams to lead off his team's defence of the Ryder Cup.

Tiger Woods? He'll be going third.

Phil Mickelson and Dustin Johnson, famous for their big-money games they play during practice rounds, will be the opening fourballs match Friday at Celtic Manor as the United States tries to win the Ryder Cup away from home for the first time since 1993.

They will face Europe's best player, Lee Westwood, and its latest major champion, Martin Kaymer.

Woods, who has gone nearly 10 months without a victory, will be partners with Steve Stricker in the third of four matches. They will face Ian Poulter and Ross Fisher, one of six rookies on the European side.

It's the first time since 1999 that Woods was not in the opening match of the Ryder Cup.

European captain Colin Montgomerie was expecting Woods and Stricker in either the opening match or as the anchor.

"Tiger being hidden is a different move," he said.

Pavin did not go into details on the nature of his pairings or the order, saying he cared only about the American team and not what Montgomerie might do.

Woods and Stricker was a natural partnership. A year ago at the Presidents Cup, they became the first team in 30 years to go 4-0 in cup competition. They will take on one of Europe's most passionate players in Poulter, who once said that when he reaches his potential, it will be just he and Woods atop the world ranking.

THE ASSOCIATED PRESS

Contador puts blame on meat

- Tour de France winner says filet mignon caused him to fail drug test
- Tiny amount of banned substance was found his urine samples

JASPER JUINEN/GETTY IMAGES

▶ Alberto Contador is surrounded by media at the start of his press conference on Thursday.

Alberto Contador blamed it all on a bad piece of filet mignon, and promised he would prevail in the end.

The three-time Tour de France winner said contaminated meat caused his positive doping test for a "very small concentration" of the banned substance clenbuterol. It was found in his urine sample on July 21 at the Tour, according to the International Cycling Union, the sport's governing body.

"The idea of anyone questioning my Tour victory does not worry me," the Spanish cyclist said. "I am not going to let something like this destroy everything I have done."

He was provisionally suspended after a World Anti-Doping Agency lab in Germany determined both A and B samples were positive.

The UCI said the amount of clenbuterol in Contador's sample was "400 time(s) less than what the antidoping laboratories accredited by WADA must be able to detect."

Speaking at a news conference in his hometown near Madrid, Contador said, "I think this is going to be resolved in a clear way. With the truth behind you, you can speak loud and clear, and I am confident justice will prevail."

Contador said the beef was brought across the border from Spain to France by a Spanish cycling organizer, Jose Luis Lopez Cerron, during a Tour rest day and at the request of the team's chef. Cerron said earlier Thursday on Spanish radio that he was a friend of the chef, who had complained of poor quality meat at the hotel where the team was staying.

Lopez Cerron said he bought filet mignon for the team in the Spanish border town of Irun on his way to Pau, France.

Clenbuterol is sometimes given to cows, pigs and other animals to increase their growth rate.

Contador said he and four other Astana teammates ate the beef on July 20 and that he was the only one who underwent a doping test on July 21. He ate more of the meat that day, explaining that although it wasn't normal to eat steak a day before racing, it was too good to waste.

THE CANADIAN PRESS

Loss of Revis tough blow for Jets

27th

The Jets secondary ranks 27th overall, and has given up 824 yards passing. It hasn't been helped by having Darrelle Revis strain a hamstring in Week 2.

CHRIS MCGRATH/GETTY IMAGES

▶ Darrelle Revis

Darrelle Revis will be sidelined for the second straight game, meaning New York Jets coach Rex Ryan has to make more adjustments in his struggling secondary.

While Antonio Cromartie has stepped into Revis' spot at left cornerback, rookie Kyle Wilson has struggled. Ryan says veteran Drew Coleman might get the start over Wilson on Sunday at Buffalo against the Bills.

Without Revis, Ryan and defensive co-ordinator Mike Pettine acknowledge that they can't do certain things with the defence in general that they can when their All-Pro cornerback is in.

THE ASSOCIATED PRESS

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB	WCGB	L10	Str	Home	Away
z-New York	94	65	.591	—	—	4-6	L-1	52-29	42-36
z-Tampa Bay	94	65	.591	—	—	5-5	L-2	49-32	45-33
Boston	87	71	.551	6½	6½	5-5	L-2	44-34	43-37
Toronto	82	76	.519	11½	11½	7-3	W-1	46-35	36-41
Baltimore	63	95	.399	30½	30½	5-5	W-1	34-43	29-52

CENTRAL DIVISION

	W	L	Pct	GB	WCGB	L10	Str	Home	Away
x-Minnesota	93	65	.589	—	—	4-6	W-1	52-25	41-40
Chicago	85	73	.538	8	8½	6-4	W-2	42-35	43-38
Detroit	80	78	.506	13	13½	6-4	L-3	52-29	28-49
Cleveland	68	91	.428	25½	26	6-4	W-6	38-43	30-48
Kansas City	66	93	.415	27½	28	5-5	W-1	37-41	29-52

WEST DIVISION

	W	L	Pct	GB	WCGB	L10	Str	Home	Away
x-Texas	89	70	.560	—	—	6-4	W-2	50-28	39-42
Los Angeles	78	81	.491	11	16	5-5	L-1	43-38	35-43
Oakland	77	81	.487	11½	16½	3-7	L-6	47-34	30-47
Seattle	61	97	.386	27½	32½	5-5	L-1	35-42	26-55

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB	WCGB	L10	Str	Home	Away
x-Philadelphia	95	64	.597	—	—	7-3	W-1	52-29	43-35
Atlanta	90	69	.566	5	—	5-5	W-3	55-23	35-46
Florida	78	81	.491	17	12	4-6	W-1	39-39	39-42
New York	77	82	.484	18	13	3-7	L-3	45-33	32-49
Washington	68	91	.428	27	22	6-4	L-1	41-40	27-51

CENTRAL DIVISION

	W	L	Pct	GB	WCGB	L10	Str	Home	Away
x-Cincinnati	89	70	.560	—	—	5-5	W-1	47-31	42-39
St. Louis	83	76	.522	6	7	6-4	W-2	49-29	34-47
Milwaukee	76	83	.478	13	14	7-3	W-3	40-41	36-42
Houston	75	84	.472	14	15	3-7	L-1	41-37	34-47
Chicago	73	86	.459	16	17	5-5	W-1	35-46	38-40
Pittsburgh	56	103	.352	33	34	5-5	L-2	40-41	16-62

WEST DIVISION

	W	L	Pct	GB	WCGB	L10	Str	Home	Away
San Francisco	91	68	.572	—	—	8-2	W-4	48-30	43-38
San Diego	88	71	.553	3	2	5-5	L-1	45-36	43-35
Colorado	83	76	.522	8	7	1-9	L-5	52-29	31-47
Los Angeles	78	81	.491	13	12	6-4	W-3	43-35	35-46
Arizona	64	95	.403	27	26	5-5	L-3	40-41	24-54

z-clinched playoff berth; x-clinched division

AMERICAN LEAGUE

Last night's results
Detroit at Baltimore (ppd., rain)
Texas 3 L.A. Angels 2
Boston at Chicago White Sox
Kansas City 3 Tampa Bay 2
Toronto at Minnesota
Oakland at Seattle
Wednesday's results
Toronto 8 N.Y. Yankees 4
Texas 6 Seattle 5
L.A. Angels 2 Oakland 1 (11 ings.)
Cleveland 4 Detroit 0 (1st game)
Baltimore 2 Tampa Bay 0
Cleveland 4 Detroit 3 (2nd game)
Chicago White Sox 5 Boston 2
Minnesota 4 Kansas City 2
Today's games
(All times Eastern)
Detroit (Bonderman 8-9) at Baltimore (Tillman 1-5), 4:35 p.m., 1st game
N.Y. Yankees (Pettitte 11-3) at Boston (Matsuzaka 9-6), 7:10 p.m.
Detroit (Porcello 10-11) at Baltimore (Guthrie 10-14), 8:05 p.m., 2nd game
L.A. Angels (Jer.Weaver 13-12) at Texas (Tom.Hunter 13-4), 8:05 p.m.
Cleveland (Carmona 12-14) at Chicago White Sox (T.Pena 5-2), 8:10 p.m.
Tampa Bay (J.Shields 13-14) at Kansas City (Chen 11-7), 8:10 p.m.
Toronto (R.Romero 13-9) at Minnesota (Pavano 17-11), 8:10 p.m.
Oakland (Cahill 17-8) at Seattle (French 5-6), 10:10 p.m.

NATIONAL LEAGUE

Yesterday's results
San Francisco 4 Arizona 1
Chicago Cubs 1 San Diego 0
Cincinnati 9 Houston 1
Milwaukee 9 N.Y. Mets 2
Florida 11 Pittsburgh 9
St. Louis 6 Colorado 1
Wednesday's results
St. Louis 4 Pittsburgh 1
L.A. Dodgers 7 Colorado 6
Milwaukee 8 N.Y. Mets 7 (1st game)
Atlanta 5 Florida 1
Philadelphia 7 Washington 1
Houston 2 Cincinnati 0
Milwaukee 3 N.Y. Mets 1 (2nd game)
San Diego 3 Chicago Cubs 0
San Francisco 3 Arizona 1
Tonight's games
(All times Eastern)
Milwaukee (M.Rogers 0-0) at Cincinnati (Tr.Wood 5-4), 7:10 p.m.
Pittsburgh (Maholm 9-15) at Florida (Mendez 1-2), 7:10 p.m.
Washington (Zimmermann 1-2) at N.Y. Mets (Misch 0-4), 7:10 p.m.
Philadelphia (K.Kendrick 10-10) at Atlanta (Beachy 0-1), 7:35 p.m.
Chicago Cubs (Coleman 3-2) at Houston (Norris 9-9), 8:05 p.m.
Colorado (De La Rosa 8-6) at St. Louis (Westbrook 3-4), 8:15 p.m.
Arizona (Kroenke 0-0) at L.A. Dodgers (Ely 4-9), 10:10 p.m.
San Diego (Richard 13-9) at San Francisco (M.Cain 13-10), 10:15 p.m.

WILD CARD

AMERICAN LEAGUE

	W	L	Pct	GB
NY Yankees	94	65	.591	—

NATIONAL LEAGUE

	W	L	Pct	GB
Atlanta	90	69	.566	-
San Diego	88	71	.553	2.0

AMERICAN LEAGUE

LATE WEDNESDAY

BLUE JAYS 8, YANKEES 4

New York	ab	r	h	bi	Toronto	ab	r	h	bi
Jeter ss	4	1	2	0	Snider lf	5	1	2	2
Swisher rf	5	0	2	0	YEscor ss	4	1	2	0
Teixeir 1b	5	0	1	0	JBautst rf	4	0	0	0
ARdrgz 3b	5	1	1	2	V.Wells cf	4	1	2	0
Cano 2b	4	1	0	0	Overay 1b	3	1	0	0
Thams dh	4	0	1	0	A.Hill 2b	3	2	2	4
Kearns lf	3	1	0	0	Lind dh	4	0	1	0
Cervelli c	3	0	3	1	J.Buck c	4	1	2	1
Golson cf	4	0	1	1	JMcDnl 3b	4	1	1	1
Totals	**37**	**4**	**11**	**4**	**Totals**	**35**	**8**	**12**	**8**
New York					000 003 001			4	
Toronto					120 130 10x			8	

E—A.Rodriguez (7). DP—New York 2, Toronto 1. LOB—New York 10, Toronto 5. 2B—Teixeira (35), Jo.McDonald (9). HR—A.Rodriguez (30), Snider (13), A.Hill (26), J.Buck (20). SB—V.Wells (6).

	IP	H	R	ER	BB	SO
New York						
Vazquez L,10-10	4 2-3	10	7	7	2	0
Ring	1-3	0	0	0	0	0
D.Robertson	1	1	0	0	0	0
Chamberlain	1	1	1	0	0	2
Mitre	1	0	0	0	0	3
Toronto						
Cecil W,15-7	5 1-3	9	3	3	1	2
Frasor H,14	1 2-3	1	0	0	0	0
Camp	1	0	0	0	1	0
Carlson	0	1	1	1	1	0
Gregg	1	0	0	0	0	0

T—3:05. A—33,143 (49,539) at Toronto.

SOCCER

MLS

Tomorrow's games
(All times Eastern)
Toronto FC at Seattle, 3:30 p.m.
Houston at Philadelphia, 4 p.m.
San Jose at Columbus, 7:30 p.m.
Real Salt Lake at New England, 7:30 p.m.
Kansas City at New York, 7:30 p.m.
Chicago at FC Dallas, 8:30 p.m.
D.C. United at Colorado, 9 p.m.
Sunday's game
Los Angeles at Chivas USA, 8 p.m.

EUROPA LEAGUE

Yesterday's results
First Round
Group A
Lech Poznan (Poland) 2, Red Bull Salzburg (Austria) 0
Manchester City (England) 1, Juventus (Italy), 1
Group B
Rosenborg (Norway) 2, Aris (Greece) 1
Atletico Madrid (Spain) 1, Bayer Leverkusen (Germany) 1
Group C
Ghent (Belgium) 1, Lille (France) 1
Sporting Lisbon (Portugal) 5, Levski Sofia (Bulgaria) 0
Group D
PAOK Thessaloniki (Greece) 1, Dinamo Zagreb (Croatia) 0
Villarreal (Spain) 2, FC Brugge (Belgium) 1
Group E
BATE Borisov (Belarus) 4, AZ Alkmaar (Netherlands) 1
Sheriff (Moldova) 2, Dynamo Kiev (Ukraine) 0
Group F
CSKA Moscow (Russia) 3, Sparta Prague (Czech Republic) 0
Palermo (Italy) 1, Lausanne Sports (Switzerland) 0
Group G
Hajduk Split (Croatia) 1, Anderlecht (Belgium) 0
Zenit St. Petersburg (Russia) 4, AEK Athens (Greece) 2
Group H
OB Odense (Denmark) 1, Stuttgart (Germany) 2
Young Boys (Switzerland) 2, Getafe (Spain) 0
Group I
Sampdoria (Italy) 1, Debreceni (Hungary) 0
Metalist Kharkiv (Ukraine) 0, PSV Eindhoven (Netherlands) 2
Group J
Paris Saint-Germain (France) 2, Karpaty Lviv (Ukraine) 0
Borussia Dortmund (Germany) 0, Sevilla (Spain) 1
Group K
Steaua Bucharest (Romania) 3, Napoli (Italy) 3
FC Utrecht (Netherlands) 0, Liverpool (England) 0
Group L
Rapid Vienna (Austria) 1, Besiktas (Turkey) 2
CSKA Sofia (Bulgaria) 0, FC Porto (Portugal) 1

NHL

PRE-SEASON

Last night's results
Buffalo 5 Montreal 3
St. Louis 4 Chicago 1
Columbus 4 Minnesota 2
Dallas 2 Colorado 1
Today's games
(All times Eastern)
Atlanta at Carolina, 1:30 p.m.
Toronto at Detroit, 7 p.m.
Buffalo at Philadelphia, 7 p.m.
N.Y. Islanders at New Jersey, 7 p.m.
Ottawa at N.Y. Rangers, 7 p.m.
Columbus at Washington, 7 p.m.
Tampa Bay at Florida, 7:30 p.m.
Pittsburgh at Chicago, 8:30 p.m.
Calgary at Edmonton, 9 p.m.
Vancouver at Anaheim, 10 p.m.
Tomorrow's games
San Jose at Adler Mannheim (Germany), 1:30 p.m.
Boston at Belfast Giants Select (Northern Ireland), 2 p.m.
Atlanta at Columbus, 6 p.m.
Detroit at Toronto, 7 p.m.
N.Y. Rangers at Ottawa, 7 p.m.
New Jersey at N.Y. Islanders (ss), 7 p.m.
Montreal vs. N.Y. Islanders (ss) (at Quebec City), 7 p.m.
Florida at Tampa Bay, 7:30 p.m.
Dallas at St. Louis, 8 p.m.
Colorado vs. Los Angeles (at Las Vegas), 9 p.m.

SABRES 5, CANADIENS 3

First Period
1. Buffalo Vanek 1 (Myers, Roy) 4:38 (pp)
Penalties — Spacek Mtl (tripping) 3:32, Parrish Buf (Interference) 6:10, Myers Buf (holding) 10:11, Montador Buf (Elbowing) 10:49, O'Byrne Mtl (Cross-Checking) 14:39, Myers Buf (Slashing) 17:44.
Second Period
2. Buffalo Adam 1, 1:41
3. Montreal Darche 2, 1:56
4. Montreal O'Byrne 1 (Gomez, Picard) 3:20
5. Buffalo Connolly 1 (Mancari, Myers) 7:50 (pp)
6. Buffalo Adam 2 (Ellis, Byron) 9:11
Penalties — O'Byrne Mtl (Delay of Game) 6:52, Subban Mtl (High-Sticking) 7:52, Subban (Hooking) 10:02, Byron Buf (Slashing) 15:31, Maxwell Mtl (Hooking) 18:15.
Third Period
7. Schiestel 1 (Pominville) 7:22 (pp)
8. Pyatt 2 (Spacek) 9:47
Penalties — Lapierre Mtl, Weber Buf (Fighting) 2:06, Maxwell Mtl (Hooking) 5:54, Halpern Mtl (High-Sticking) 15:52, Montador Buf (Slashing) 19:44.
Shots on Goal by:

Montreal	6	12	13	31
Buffalo	14	11	12	37

Goal (shots-saves) — Montreal: Auld (37-32); Buffalo: Enroth (26-23). **Power play (goals-chances)** — Montreal 0-6; Buffalo 3-7
Attendance — 21,273 at Buffalo.

LATE WEDNESDAY

SHARKS 6, CANUCKS 2

First Period
1. Vancouver, Torres 2 (Hamhuis) 6:48
2. San Jose, Pavelski 1 (Couture, Setoguchi) 8:58 (pp)
3. San Jose, Couture 1 (Clowe, Lilja) 15:06 (pp)
Penalties — Hordichuk Vcr (hooking) 5:41, Bolduc Vcr (slashing), Heatley SJ (slashing, roughing; served by McLaren) 6:03, Desbiens Vcr, Moore SJ (fighting) 8:15, Torres Vcr (delay of game) 8:43, Ballard Vcr (holding) 13:10.
Second Period
4. San Jose, McGinn 2 (Vlasic, Heatley) 1:52 (pp)
5. San Jose, McCarthy 2 (Nichol, McLaren) 9:18
6. Vancouver, Torres 3 (Hamhuis, Ehrhoff) 9:33
Penalties — Ehrhoff Vcr (delay of game) 0:35, Ehrhoff Vcr (unsportsmanlike conduct), Pavelski SJ (boarding) 17:40.
Third Period
7. San Jose, Heatley 4 (Pavelski, Thornton) 5:24 (pp)
8. San Jose, Lilja 1 (Setoguchi, Thornton) 10:47
Penalty — Bolduc Vcr (high-sticking) 5:07.
Shots on goal by

Vancouver	6	8	7	21
San Jose	13	8	9	30

Goal — Vancouver: Lack (L,0-1-0); San Jose: Niittymaki (W,1-0-0). **Power plays (goals-chances)** — Vancouver: 0-1; San Jose: 4-5.
Attendance — 16,106 (17,496) at San Jose, Calif.

NFL

WEEK 4

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Jets	2	1	0	.667	68	47
Miami	2	1	0	.667	52	51
New England	2	1	0	.667	90	82
Buffalo	0	3	0	.000	47	87

SOUTH

	W	L	T	Pct	PF	PA
Houston	2	1	0	.667	77	78
Indianapolis	2	1	0	.667	89	61
Tennessee	2	1	0	.667	78	42
Jacksonville	1	2	0	.333	40	83

NORTH

	W	L	T	Pct	PF	PA
Pittsburgh	3	0	0	1.000	72	33
Cincinnati	2	1	0	.667	59	55
Baltimore	2	1	0	.667	44	41
Cleveland	0	3	0	.000	45	57

WEST

	W	L	T	Pct	PF	PA
Kansas City	3	0	0	1.000	68	38
San Diego	1	2	0	.333	72	61
Denver	1	2	0	.333	61	65
Oakland	1	2	0	.333	52	76

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Philadelphia	2	1	0	.667	83	62
Washington	1	2	0	.333	56	67
Dallas	1	2	0	.333	54	53
N.Y. Giants	1	2	0	.333	55	85

SOUTH

	W	L	T	Pct	PF	PA
Atlanta	2	1	0	.667	77	46
New Orleans	2	1	0	.667	63	58
Tampa Bay	2	1	0	.667	50	59
Carolina	0	3	0	.000	32	71

NORTH

	W	L	T	Pct	PF	PA
Chicago	3	0	0	1.000	66	51
Green Bay	2	1	0	.667	78	47
Minnesota	1	2	0	.333	43	38
Detroit	0	3	0	.000	56	78

WEST

	W	L	T	Pct	PF	PA
Seattle	2	1	0	.667	72	57
Arizona	2	1	0	.667	48	77
St. Louis	1	2	0	.333	57	49
San Francisco	0	3	0	.000	38	87

Byes: Dallas, Kansas City, Minnesota, Tampa Bay
Sunday's games
(All times Eastern)
Denver at Tennessee, 1 p.m.
Detroit at Green Bay, 1 p.m.
N.Y. Jets at Buffalo, 1 p.m.
Seattle at St. Louis, 1 p.m.
San Francisco at Atlanta, 1 p.m.
Baltimore at Pittsburgh, 1 p.m.
Carolina at New Orleans, 1 p.m.
Cincinnati at Cleveland, 1 p.m.
Houston at Oakland, 4:05 p.m.
Indianapolis at Jacksonville, 4:05 p.m.
Arizona at San Diego, 4:15 p.m.
Washington at Philadelphia, 4:15 p.m.
Chicago at N.Y. Giants, 8:20 p.m.
Monday's game
New England at Miami, 8:30 p.m.

CFL

WEEK 14

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
x-Montreal	12	9	3	0	388	290	18
Hamilton	12	6	6	0	295	318	12
Toronto	12	6	6	0	243	317	12
Winnipeg	12	3	9	0	331	333	6

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
Calgary	12	9	3	0	406	274	18
Saskatchewan	12	8	4	0	353	329	16
B.C.	12	4	8	0	308	305	8
Edmonton	12	3	9	0	224	378	6

x — clinched playoff berth.
Tonight's game
(All times Eastern)
Montreal at Calgary, 9 p.m.
Tomorrow's games
Saskatchewan at Toronto, 3 p.m.
Winnipeg at B.C., 10 p.m.
Sunday's game
Hamilton at Edmonton, 4:30 p.m.

TRANSACTIONS

BASEBALL

MLB

LEAGUE OFFICE—Suspended St. Louis minor league SS Lainer Bueno (Venezuelan Summer League), Los Angeles Angels minor league OF Reynaldo Ruiz (Dominican Summer League) and Baltimore minor league SS Alfredo Zambrano (Dominican Summer League) 50 games apiece for testing positive for a performance-enhancing substance.
AMERICAN LEAGUE
ANAHEIM ANGELS—Agreed to terms on a two-year working agreement with Inland Empire (Cal).

BASKETBALL

NBA

INDIANA PACERS—Signed F Magnum Rolle and F Lance Allred.
LOS ANGELES LAKERS—Waived G Anthony Roberson and C Russell Hicks.
MINNESOTA TIMBERWOLVES—Requested waivers on F DerMarr Johnson.
TORONTO RAPTORS—Exercised their option on G/F DeMar DeRozan.

FOOTBALL

NFL

LEAGUE OFFICE—Fined Green Bay LB Frank Zombo $7,500 for his hit on Chicago QB Jay Cutler in a Sept. 25 game.
DETROIT LIONS—Signed S Dante Wesley. Released S Randy Phillips.
NEW YORK JETS—Signed DE Trevor Pryce. Released DL Howard Green.
NEW YORK GIANTS—Signed DB Michael Coe to the practice squad.
SEATTLE SEAHAWKS—Released OL Chester Pitts. Re-signed OL Mike Gibson to the practice squad. Released RB Chris Henry.

HOCKEY

NHL

ANAHEIM DUCKS—Placed D Brett Festerling and D Danny Syvret on waivers.
CAROLINA HURRICANES—Placed LW Sergei Samsonov on injured reserve.
CHICAGO BLACKHAWKS—Recalled F Brandon Pirri from Rockford (AHL). Assigned G Alec Richards to Rockford.
DETROIT RED WINGS—Assigned G Jordan Pearce, F Jamie Johnson, F Francis Pare, F Brent Raedeke and F Tomas Tatar to Grand Rapids (AHL).
EDMONTON OILERS—Placed D Sheldon Souray and G Martin Gerber on waivers. Assigned F Colin McDonald, D Taylor Chorney, D Jeff Petry and D Alex Plante to Oklahoma City (AHL).
NASHVILLE PREDATORS—Assigned G Mark Dekanich to Milwaukee (AHL).
PHOENIX COYOTES—Assigned RW Mikkel Boedker, C Andrew Ebbett and LW Viktor Tikhonov to San Antonio (AHL).
ST. LOUIS BLUES—Assigned G Ben Bishop to Peoria (AHL).
TAMPA BAY LIGHTNING—Assigned C Marc-Antoine Pouliot to Norfolk (AHL).
WASHINGTON CAPITALS—Assigned G Braden Holtby and D Lawrence Nycholat to Hershey (AHL). Returned C Cody Eakin to Swift Current (WHL).

GOLF

RYDER CUP

At Newport, Wales
TODAY'S PAIRINGS
(All times Eastern)
2:45 a.m. - Phil Mickelson and Dustin Johnson, U.S., vs. Lee Westwood and Martin Kaymer, Europe.
3 a.m. - Stewart Cink and Matt Kuchar, U.S., vs. Rory McIlroy and Graeme McDowell, Europe.
3:15 a.m. - Steve Stricker and Tiger Woods, U.S., vs. Ian Poulter and Ross Fisher, Europe.
3:30 a.m. - Bubba Watson and Jeff Overton, U.S., vs. Luke Donald and Padraig Harrington, Europe.

NOT JUST *A* CLUB,
IT'S *THE* CLUB.
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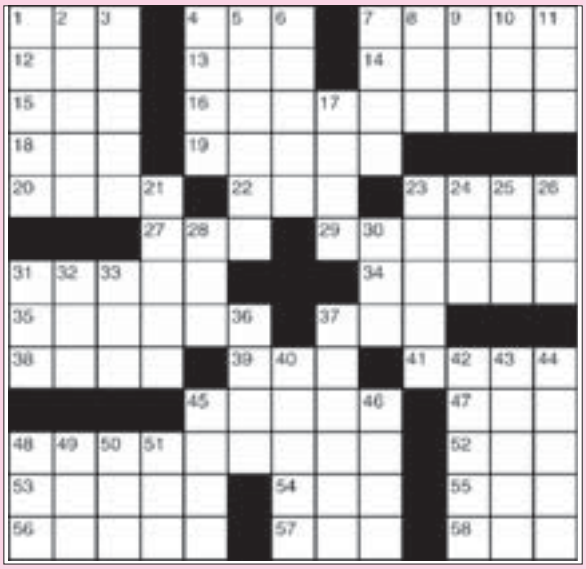
Crossword



Across

1 St. Bernard's burden
4 100 lbs.
7 Ring boundaries
12 "That's a laugh!"
13 Rowing need
14 Perfect
15 Khan title
16 Popular pie
18 Barbie's companion
19 Large amounts
20 Baghdad's land
22 Before
23 Seethe
27 Performance
29 Monarchs
31 Trattoria fare
34 Off the payroll
35 Gofer's task
37 Witticism
38 "Dead Poets Society" director Peter
39 Hearty brew
41 Region
45 Coral ring
47 Neither mate
48 Linda Ronstadt hit
52 With 28-Down, jalopy
53 "Mr. Television"
54 Pundit Coulter
55 Fool
56 — Major (Dog Star's constellation)
57 Top
58 Favorite

Down

1 Uniform material
2 Rarin' to go
3 Accra's country
4 Corn holders
5 Billfold
6 More authentic
7 Barbecue entree
8 Rhyming tribute
9 Apiece
10 Listener
11 Crafty
17 Basin acces-sory
21 Persian Gulf nation
23 Bombard
24 "— the fields we go"
25 Rage
26 One way to change your mind?
28 See 52-Across
30 Venusian vehicle?
31 Churchgoer's seat
32 Exist
33 — Lanka
36 Information
37 Christopher of "Law & Order: SVU"
40 Faithful
42 Available
43 Din
44 Physicist Mach
45 Vigoda and Burrows
46 Ilsa's maiden name, in "Casablanca"
48 English channel?
49 Meadow
50 Grecian vessel
51 Yale student

▶ Yesterday's answer

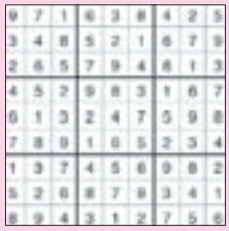
Sudoku

4								6
			2					8
6	3	7		8		9		
2			8		7		5	
	7						6	
	5		9		4			1
		3		1		5	9	4
1					3			
8								2

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶



Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Rikki bear, you have been the most wonderful boyfriend and I love you with all my heart. You are my angel thank you for everything and standing by my side. I'll always have a special place in my heart for you snucums! P.S. Nice bum where you from?
:) XOXO DEL

Chalky, I don't know how I would get through each day without you. You're beautiful, kind, funny and caring I'm so glad you came into my life.
-YOUR BURGER KING

TO my one and Only Mr.Estrella Rivera, you are the best thing that has brought me so much happiness. Your mi sapo azul, and its all i ever wanted. your an amazing PERSON and you dont even know it. I will always love each and everyday. MUAH!
— FROM TU ESPOSA

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 If someone criticizes you for no good reason today you must defend yourself vigorously. Besides, you are well aware what your faults and failings are, you don't need some know-it-all pointing out the obvious to you.

♉ Taurus April 21-May 21 The more you commit yourself today the more likely it is you will enjoy a carefree weekend.

♊ Gemini May 22-June 21 Someone in a position of authority will try to persuade you to change the way you do things today, and you must resist with all your might.

♋ Cancer June 22-July 22 Your ability to see emotional conflicts from both sides will help defuse a potentially explosive situation today. Because you have no personal stake in the affair others will trust you to be fair.

♌ Leo July 23-Aug.23 If you are on the move today you would be wise to think ahead and make allowances for unexpected delays. If you leave anything to chance you are likely to find yourself arriving late for a date

♍ Virgo Aug. 24- Sept. 22 What happens today will ease your fears about your money situation. A windfall is possible but more likely you will realize that the amount of cash in your pocket isn't that important. It certainly isn't more important than love.

♎ Libra Sept. 23-Oct. 23 Today's Sun-Saturn union will limit your options and force you to follow a single path to your goal, and that's good.

♏ Scorpio Oct. 24-Nov. 22 If your sixth sense tells you that the information you have received from a friend or work colleague cannot be trusted then you would be wise to ignore it.

♐ Sagittarius Nov. 23-Dec. 21 You may not be much in the mood for social activities today but that's okay. You have a great deal on your mind at the moment and you won't be back to your old self until you have dealt with it all.

♑ Capricorn Dec. 22-Jan. 20 Now is the time to make your move on the work front. Now is the time to impress employers and other important people with your ideas and talents.

♒ Aquarius Jan. 21-Feb. 18 Generally speaking you have never been one to live by rules and regulations, but with Saturn so strong in your chart at the moment it might be wise not to be quite such a rebel.

♓ Pisces Feb. 19-March 20 If you are a typical Pisces you don't much care for materialistic values but today you must look out for the dollars and cents. If you're wasteful you'll regret it later on in the month.

SALLY BROMPTON

SHUJI KAJIYAMA/THE ASSOCIATED PRESS

Caption contest

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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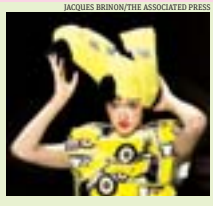

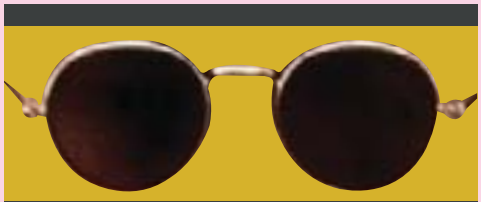

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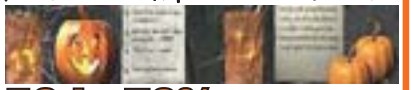

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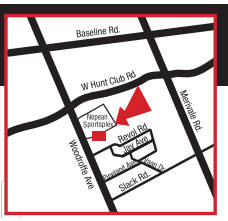

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